
HIGHLAND COUNCIL PSYCHOLOGICAL SERVICE

What is the Psychological service?

The Highland Council Psychological Service works with children, young people and their families. They are able to advise on child development and education and give support when difficulties arise. They can suggest ways to prevent, manage or resolve these difficulties. The service works in partnership with parents, teachers and other professionals, and voluntary organisations.

How is the Service organised?

The psychological service is part of Integrated Children's Services. The service includes qualified educational psychologists and specialist home visiting teachers for pre-school children with additional support needs, based in Area teams. Area teams are led by an Area Principal Psychologist, while the Principal Psychologist is responsible for the service as a whole.

How do children become known to the Service?

Requests for assistance can come from:

- Parents
- Young people themselves
- Schools
- Medical services (e.g. Community Paediatricians, school nurses, health visitors, etc)
- Reporter to the children's panel
- Social workers

The referral of any young person to the Service should be made with the full knowledge and agreement of the parents/carers.

Confidentiality

All psychological service staff are bound by a code of conduct which respects confidentiality and the rights of the individual. The child/young person is kept central to all work undertaken and parents and the young person automatically receive copies of any reports written by the Educational Psychologist.

How do psychologists carry out their work?

They have specialist knowledge of the following areas of development:

- Educational; Intellectual; Behavioural; Emotional; Social

They use this knowledge to help children in the family, school and community. Educational psychologists offer assessment, advice and support, training and development work, to the individual, the family, the school and other agencies. Members of the service keep written records which parents and young people may ask to see.

Is there a charge?

No. The service is available for children from birth up to the age of nineteen years.

You can contact the Highland Council Psychological Service at:

Caithness

Highland Council Psychological Service,
ECS Office,
Rhind House,
Wick, Caithness
KW1 6LZ.
Tel: 01955 602362

Inverness, Nairn, Badenoch & Strathspey

Highland Council Psychological Service,
11/13 Culcabock Avenue,
Inverness,
IV2 3RG.
Tel: 01463 233494

Lochaber

Highland Council Psychological Service,
Camaghael Hostel,
Camaghael,
Fort William,
PH33 7ND.
Tel: 01397 707350

Ross & Cromarty

Highland Council Psychological Service,
ECS Office,
Castle Street,
Dingwall,
Ross-shire,
IV15 9HU.
Tel: 01349 863441

Skye and Lochalsh

Highland Council Psychological Service,
Elgin Hostel,
Dunvegan Road,
Portree,
Isle of Skye,
IV51 9ET.
Tel: 01478 613697

Sutherland

Highland Council Psychological Service,
ECS Office,
Johnstone Place,
Brora,
Sutherland,
KW9 6PG.
Tel: 01408 621382