
Some Useful Definitions

People

Audiologist - Measures your child's hearing. Will see you either in Inverness or at one of the centres in the North.

Community Paediatrician - A doctor who specialises in child health and development.

Clinical Psychologist - Specialises in helping children who have difficulties with relationships with other people.

Community Learning Disability Nurse - Advises on all aspects of caring for a child with a learning disability. Visits you at home. Offers practical help.

Cardiologist - A doctor who specialises in looking after hearts.

Dietician - Helps with all sorts of feeding problems and may lend you equipment to cope. Ask for an appointment through your doctor.

Educational Psychologist - Assesses your child and gives advice on educational needs, can advise on how to help your child at home.

Neurologist - Specialist doctor who works with patients with epilepsy and problems of the brain.

Ophthalmologist - Specialist eye doctor.

Orthoptist - Works with eye doctor particularly with children with eye problems e.g. Squints.

Orthopaedic Consultant - Specialist doctor who works on legs, arms or spine.

Orthotist - A person who makes splints, callipers and provides specialist shoes.

Paediatrician - Specialist doctor who works with children.

Abbreviations

PMHW (Primary Mental Health Worker)

HV (Health Visitor)

SALT (Speech & Language Therapist)

OT (Occupational Therapist)

CLDN (Community Learning Disability Nurse)

Places

A & E - Accident and Emergency Department

E.N.T. Clinic - Ear, Nose and Throat Clinic

S.C.B.U. - Special Care Baby Unit (often pronounced skibu)

Medical Terms

Acute - The short term crisis phase of an illness

Chronic - Persisting for a long time

Congenital - Present at birth

Cranial - Relating to the skull

Gastrostomy - Surgical opening into the stomach from the outside to enable a feeding tube to be inserted

Genetics - Branch of biology that deals with hereditary conditions

Prognosis - The forecast of the course and probable outcome of a disease

Respiratory - To do with breathing

Conditions

- ADHD** - Attention Deficit Hyperactive Disorder
- ASD** - Autistic Spectrum Disorder
- CP** - Cerebral Palsy
- CF** - Cystic Fibrosis
- DS** - Down's Syndrome
- MD** - Muscular Dystrophy
- VI** - Visually Impaired

Some of the Organisations Operating in Highland

- ADHD** - Highland Attention Deficit Hyperactive Disorder
- CHIP+** - Children in the Highlands Information Point +
- ES** - Epilepsy Scotland
- FACES** - Family Association for Children with Extra Special Needs (Badenoch)
- HCCF** - Highland Community Care Forum
- HCF** - Highland Children's Forum
- HIAS** - Highlands & Islands Autism Society
- HDCD** - Highland Developmental Co-ordination Disorders Group
- HLDRG** - Highland Learning Disabilities & Relationships Group
- NAS** - National Autistic Society
- SNAP** - Special Needs Action Project
- PRT** - Princess Royal Trust for Carers
- CAF** - Contact a Family

Benefits

- CTC** - Child Tax Credit
- DLA** - Disability Living Allowance
- DP** - Direct Payments
- CA** - Carers Allowance
- IS** - Income Support
- WTC** - Working Tax Credit

Legislation

- ASL** - Additional Support for Learning Act (2004)
- AWI** - Adults With Incapacity Act (2000)
- DDA** - Disability Discrimination Act (1995)

Education

- ASN** - Additional Support Needs
- CSP** - Co-ordinated Support Plan
- IEP** - Individualised Educational Programme

Other Organisations

- CAB** - Citizens Advice Bureau
- CEHR** - Commission for Equality and Human Rights
- DWP** - Department of Work & Pensions