

CHIP+ Resource Lending Library

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Items can be returned either by mail or in person. Should you wish the cost of postage to be refunded please include a note to this effect with the library item.

If items are not returned within a month, then an invoice for the full cost of purchasing the item(s) will be sent to you. Please remember that our resources are limited; we want the greatest number of people to benefit from our library. You can help us by returning resources promptly and keeping them in good condition.

Thank you for your help

The CHIP+Team

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Keyword: ADD/ADHD

Code	Title	Author	Description
ADD0.1C 2B	ABC of ADHD	Dr Chinnaiiah Yemula & Fintan O'Regan	An interactive encyclopedia CD-ROM of ADHD written specifically for children. Contains games, reward charts for children aged 6-14.
ADD0.1P 3B	ABC of ADHD	Dr Chinnaiiah Yemula & Finan O'Regan	An interactive encyclopedia CD-ROM of ADHD written specifically for parents and families of children with ADHD.
ADD1 1B	A Child's Book about ADD: 'Help is on the Way'	M A Nemiroff & J Annunziata	Simple & upbeat language with cheerful illustrations, the book describes how children might experience the symptoms of ADD.
ADD2 1B	A User Guide To The GF/CF Diet for Autism, Asperger Syndrome & AD/HD	L Jackson	Written by 12-year-old Luke who has Asperger Syndrome, it tells everything you need to know about the diet. Includes recipes given by his mother.
ADD3 1B	ADD Success Stories	T Hartman	Discusses which occupations are best for people with ADD, how parents successfully juggle work & parenting, how students can thrive & how ADDers & their spouses can find happiness in their relationships.
ADD3.1 1B	Art Therapy & AD/HD	Diane Stein Safran	A valuable book for therapists, professionals & people who work or live with AD/HD looking at art therapy groups to improve skills and strategies.
ADD4 1B	The Attention Deficit Disorders Intervention Manual	Stephen B McCarney	Detailed intervention for common behaviour problems associated with AD/HD (reference only).
ADD4.1 2B	All Dogs Have ADHD	Kathy Hoopmann	Absorbing & insightful, this book takes a refreshing approach to understanding ADHD. It combines humour with understanding to reflect the joys & challenges of raising a child who is different.
ADD4.2 1B	AD/HD for Dummies	Jeff Strong & Michael O. Flanagan	Friendly, easily understood guide to help you recognise symptoms, treatment options & emphasise the positives of AD/HD.
ADD5 1B	Attention Deficit Hyperactivity Disorder: Recognition, Reality & Resolution	G D Kelley	Overview of condition & discusses appropriate guidelines management guidelines.
ADD5.1 1B	ADHD – How to deal with very difficult children	Alan Train	This sympathetic book revolutionises the treatment of difficult children, offering an alternative to the wide spread use of medication.
ADD6 3B	ADHD: The Facts. 1st & 2nd Edition	Mark Selikowitz	Information on the symptoms and treatments for ADHD.
ADD7 1B	ADHD: How to deal with very difficult children	Alan Train	Covers different aspects of dealing with ADHD, from medication to help in school.
ADD7.1 1B	Buzz & Pixie Colouring Book	B A Brunger & C Reimers	Entertaining ways to help children with ADHD understand their behaviour – not to be filled in .
ADD7.2 1B	Can I tell you about ADHD?	Susan Yarney	An introduction for young people aged 7 & above as well as parents & professionals, lending a voice to children with ADHD who are unable to express themselves.
ADD8	Driven To Distraction: Recognising & Coping With ADD From Childhood Through Adulthood	E Hollowell & J Rate	This book shows the varied forms that ADD takes & is a wonderfully reliable, practical & useful book on ADD.
ADD8.1 1B	Eddie Enough!	D. Zimmet	A book for children, about Eddie who has ADHD.
ADD10 1B	From Chaos To Calm: Effective Parenting For Children With ADHD & Other Behavioural Problems	J E Henniker & S K Weiss	Practical book offering three points of view – the parent's; the therapist's & the child's.
ADD11 2B 1P	Full of Beans	Chris Wever	Illustrated fun book for children with ADHD.
ADD12 1B	Help 4 ADD @ High School	K G Nadeau	Can help young people through the high school, college & young adulthood.
ADD12.1 1B	The Hidden Handicap	Gordon Serfontein	Goes through the difficulties associated with ADHD and dyslexia and offers tips and suggestions.
ADD13 2B 1P	How To Teach & Manage Children With ADHD	F O'Regan	Includes materials for developing alternative learning strategies to suit ADHD students, classroom organisation advice & playtime supervision tips.
ADD14 1B	How to Reach and Teach ADD/ADHD Children	Sandra F Rief	American orientated but thorough book on ways of helping and teaching children with ADHD.
ADD15 1B	Hyperactive Children: A Practical Guide For Parents	J Barton	This book describes a programme for young children affected by hyperactivity disorders.
ADD15.1 1B	Hyperactivity: Why Won't my Child Pay Attention?	Sam & Michael Goldstein	A guide for parents. The section on medication is now out of date.

ADD15.2 1B	Hyper Activity: What's the alternative	Maggie Jones	A book which provides essential information on conventional treatments offered and all the effective alternative treatments available.
ADD16 1B	I Would If I Could	Michael Gordon	A guide for teenagers with AD/HD.
ADD16.1 1B	In Their Own Words	ADDiSS	A collection of pictures, poems and stories about living with ADHD.
ADD17 1B	Jumpin' Johnny Get Back to Work!	Michael Gordon	A book for children about AD/HD.
ADD17.1 1B	Kids in the Syndrome Mix	Martin L Kutsher	About children who have a mix of symptoms from ADHD, DCD, Autism and Dyslexia.
ADD19 1B 1P	Learning To Slow Down & Pay Attention	K G Nadeau & E B Dixon	For children with ADD. Split into 4 sections – a checklist about me; things other people can do to help me; things that I can do to help myself & special projects with your Mum & Dad.
ADD20 1B	Life On The Edge: Parenting A Child With ADD & ADHD	D Spohn	Parent discusses his own experience of parenting a child with ADD/ADHD. Light-hearted & practical.
ADD21 1B	Multicoloured Mayhem: Parenting The Many Shades Of Adolescents & Children With Autism, Asperger Syndrome & AD/HD	J Jackson	Explains what it is like to parent young people with a range of conditions & provides a wealth of helpful & creative advice for parents & carers.
ADD22 1B	My Brother's A World Class Pain	M Gordon	Introduction to the basic concepts involved in understanding ADHD.
ADD23 1B	Parenting The ADD Child: Can't Do Won't Do	D Pentecost	Home management strategies to help with the child with ADD.
ADD24 1B	Parenting the Strong-Willed Child	Rex Forehand, Nicholas Long	Aimed at the parents of two to six year olds, this book describes a program to manage strong-willed behaviour.
ADD25 1B	The Pocket Guide to Understanding ADHD	Christopher Green, Kit Chee	Pocket version of 'Understanding ADHD'.
ADD27 3B 1P	Putting On The Brakes	P Quinn & J M Stern	Discusses understanding ADHD & how to control ADHD.
ADD28 1B	Putting on the Brakes Activity Book	P Quinn & J M Stern	(For reference only).
ADD29.1 1B	Raising your Spirited Child	Mary Sheedy Kurcinka	Through a positive viewpoint, the author offers parents emotional support & proven strategies for handling their spirited child.
ADD30	Sensory Smarts	Kathleen & Paul Chara	Much of this book is written from the perspective of a child & offers solutions for sensory integration problems.
ADD31 1B	Shelley The Hyperactive Turtle	D M Moss	A children's book that helps explain ADHD to preschool or primary children.
ADD32 1B 1P	Socially Adept: A Manual For Parents of Children with ADHD &/or Learning Disabilities	J Z Gilmer	For parents with children with ADHD &/or learning difficulties. A practical and user-friendly guidebook for evaluating, monitoring and improving children's social skills.
ADD34 1B	Social Skills Game	Y Searle & I Streng	Therapeutic board game to help children who experience difficulties with relationships.
ADD35 1B	Supporting Children With Attention Deficit Hyperactivity Disorder	K E Sparer	Practical suggestions & materials to use with pupils who have ADHD or demonstrate ADHD type behaviour.
ADD37 1B	Taking Charge Of ADHD	Russell A Barkley	Includes information about AD/HD along with strategies for school, behaviour management and practical advice.
ADD37.1 1B	Teaching Teens with ADD and ADHD	Chris A Zeigler Dendy	American book that covers various aspects of teaching teenagers with AD/HD in short topics.
ADD38 2B	Teenagers With ADD: A Parent's Guide	C A Z Dendy	Takes a look at the special issues & challenges faced adolescents with ADD, their families, teachers, & treatment professionals.
ADD38.1 2B	The Trouble with Dragons	Conrad Robson & Ben Kabery	A story for children learning to manage their dragons.
ADD39 3B 3P	Understanding ADHD	C Green and K Chee	Discusses the causes & effects of ADHD & provides practical strategies to help cope with common problems.
ADD40 2B 1P	Views From Our Shoes Growing up with a brother or Sister with Special Needs	D Meyer	The children/young people whose essays are featured here range from aged 4 to aged 18 & are siblings of youngsters with a variety of special needs including developmental delay, ADD, hydrocephalus, visual & hearing impairments, Down's Syndrome & Tourette's Syndrome.
ADD42 1B	A Walk in the Rain with a Brain	Edward M Hollowell	A little girl talks to brain called Manfred about how everyone learns differently, and everyone is good at something.
ADD43 1B	What is ADHD?	Changing Lanes Project	A booklet for children with ADHD, produced by the ADHD team in Falkirk.

ADD43.1 1B	Zak has ADHD	Jenny Leigh	Zak is a zebra who's always getting into trouble! This story for 4-7 year olds is about Zak getting help.
ADD44 1B	Zipper: The Kid with ADHD	Caroline Janover	Zipper's impulsiveness keeps getting him into trouble, but everyone's rooting for him to succeed!
ADD45 1B	Everything a Child Needs to Know about ADHD	Dr C R Yemula	For children aged 6 to 12 years old. Written in simple language with illustrative pictures.
ASD39.01	Living Sensationally – Understanding Your Senses	Winnie Dunn	This book helps you to understand how sensory conflicts arise & how best to deal with them at home & work. For people/children with Autism & ADHD
ASD49 2B	Raise Your Child's Social IQ	C Cohen	An easy format using practical tools.
BAV7	Seeing Red	Jennifer Simmonds	A group-work curriculum on anger management for children aged 6 to 12.
DIT6	Gut and Psychology Syndrome – Natural Treatment for Dyspraxia, Autism, ADD, Dyslexia, ADHD, Depression, Schizophrenia	Dr Natachsa Campbell-McBride	Explains the nutritional connections with psychiatric and neurological disorders and gastrointestinal function.
EMD10	A Volcano in my Tummy	Eliane Whitehouse & Warwick Pudney	Outlines a programme for 6-15 year olds to handle anger.
LD29	Unlocking Potential: College and Other Choices with LD and ADHD	Juliana M Taymans et al	For secondary school students with learning disabilities and ADHD preparing for life after school.

Keyword: Arthritis

Code	Title	Author	Description
ART1 1B	Arthritis in Teenagers	ARC	Covering a wide range of issues for 13-20 year olds.
ART2 2B	A Day With Sam - Action for People With Arthritis	Young Arthritis Care	An information booklet for children with arthritis.
ART3 1B	Chat: A Guide for Parents		Information for parents of a child with arthritis.
ART4 1B	Chat: A Guide to JCA		Information on all aspects of having Juvenile Chronic Arthritis.
ART7 1B 2P	Kids with Arthritis. A Guide for Families	Carrie Britton	A guide for families, covering everything from medication to everyday experiences.
ART7.2 1B	Living with Juvenile Chronic Arthritis	Lady Hoare Trust	A study on the needs of children living with JCA.
ART8 1B 1P	Tim Has Arthritis	ARC	An information booklet for children with arthritis.

Keyword : Arthrogryposis

Code	Title	Author	Description
TAG1 1B	Arthrogryposis; What's that?	TAG	Describes the condition.
TAG2 1B	We're all Different	TAG	A book for children about arthrogryposis.

Keyword: Asperger Syndrome/Autism

Code	Title	Author	Description
ADD2	A User Guide To The GF/CF Diet For Autism, Asperger Syndrome & AD/HD	L Jackson	Written by 12-year-old Luke who has Asperger Syndrome, it tells everything you need to know about the diet. Includes recipes given by his mother.
ADD7.01	The Bigger Picture	Mindfield	Two stories and a poem, about and by children who have various difficulties with learning.
ADD7.1	Buzz & Pixie Colouring Book	B A Brunger & C Reimers	An entertaining way to help young autistic children understand their behaviour by using this colouring book (for reference only) .
ADD17.1	Kids in the Syndrome Mix	Martin L Kutscher	About children who have a mix of symptoms from ADHD, DCD, Autism and Dyslexia.
ADD21	Multicoloured Mayhem: Parenting The Many Shades Of Adolescents & Children With Autism, Asperger Syndrome & AD/HD	J Jackson	Explains what it is like to parent young people with a range of conditions & provides a wealth of helpful & creative advice for parents & carers.
ADD30	Sensory Smarts	Kathleen & Paul Chara	Much of this book is written from the perspective of a child & offers solutions for sensory integration problems.
ADD34	Social Skills Game	Y Searle & I Streng	Therapeutic board game to help children who experience difficulties with relationships.
ASD0 1B	100 Ideas for Supporting Pupils on the Autistic Spectrum	Francine Brower	Details 100 practical ideas to enhance & develop learning. A guide for anyone working to support pupils on the autistic spectrum.
ASD0.1 1B	Access and Inclusion for Children with Autistic Spectrum Disorders	Matthew Hesmondhalgh & Christine Breakey	The Authors of this book explore the universal issues of access & inclusion in employment and education for children & young people with ASD.

ASD0.1.1 1B	Acting Antics	Cindy B. Schneider	A theatrical approach to teaching social understanding to kids & teens with Asperger Syndrome.
ASD1 1B	A Different Kind Of Boy	D. Mont	A Father's memoir about raising a gifted child with autism.
ASD1.1 1B	Adults on the Autism Spectrum	Nancy Perry	Invaluable resource for parents and professionals with an interest in people on the autism spectrum help develop adult relationships & lead their lives with dignity & independence.
ASD2 3B	A Guide To Asperger Syndrome	C. Gillberg	A handbook for those touched by Asperger Syndrome. Topics include symptoms, diagnosis, prevalence, background factors, prognosis & intervention.
ASD3 1B	A is for Autism – DVD		Animation using the words and pictures of people with ASD to gain an insight into the condition.
ASD3.1 1B	The AiA Gluten & Dairy Free Cookbook	Marilyn Le Breton	A large collection of recipes, from main meals to cakes and breads.
ASD3.11 1B	All cats have asperger syndrome	Kathy Hoopmann	Through the harmony of words and photos, Hoopmann's clever sense of humour opens up the world of Asperger to reveal the potential and the individuality that is so often misunderstood.
ASD3.2.1 1B	Animal-assisted interventions for individuals with Autism	Merope Pavlides	Essential reading for families, teachers and anyone interested in using animals to help individuals on the autism spectrum.
ASD3.3 1B	Andy and his Yellow Frisbee	Mary Thompson	A story introducing autism to young readers who are unfamiliar with the condition.
ASD3.3.1 1B	Appreciating Asperger Syndrome	Brenda Boyd	An insightful celebration of AS, looking at the positive aspects that can be drawn on and developed.
ASD3.4 2B 1P	Approaches to Autism	NAS	Guide which introduces a large number of therapeutic approaches to autism.
ASD4.01 1B	The ASD Workbook	Penny Kershaw	This easy to use, interactive workbook gives parents the help they need to explain ASD's to their children and provides practical & emotional support following diagnosis. From age 10 and over.
ASD4 1B	An Asperger Dictionary of Everyday Expressions	Ian Stuart Hamilton	Literal meanings of phrases explained.
ASD6 1B	Asperger Syndrome, Adolescence and Identity	Harvey Molloy and Latika Vasil	Uses case studies to discuss the issues of Asperger in adolescence.
ASD7 1B	Asperger Syndrome & Adolescence	B Smith Myles & D Adreon	Practical solutions for school success.
ASD8 2B	Asperger Syndrome in Adolescence	Lianne Holliday Willey	With chapters on subjects such as friendships, sexuality and personal safety.
ASD8.1 1B	Asperger's Syndrome and High Achievement	Ioan James	Describes the lives and personalities of 20 remarkable people who may well have had AS.
ASD9 2B 2P	Asperger Syndrome, A Guide for Parents and Professionals	T Attwood	Discusses all aspects of Asperger Syndrome.
ASD9.01 1B	Asperger Syndrome Pocketbook	Ronnie Young	A pocketful of expert advice & practical strategies for understanding & overcoming the challenges posed by Asperger Syndrome.
ASD9.02 1B	Asperger Syndrome & Psychotherapy	Paula Jacobsen	An in-depth analysis of AS from a psychotherapist's point of view.
ASD9.2 1B	Asperger Syndrome: practical strategies for the classroom	NAS	This book is broken down into sections covering the most common difficulties in school.
ASD9.3 1B	Baj and the Word Launcher – Space Age Asperger Adventures in Communication	Pamela Victor	An entertaining adventure story exploring the challenges of communication. Children can read it independently or with a parent/carer.
ASD10 4B	Asperger Syndrome, The Universe & Everything	Kenneth Hall	Ten year old Kenneth tells about his life with AS.
ASD10.1 1B	Autism, Access and Inclusion on the Front Line	Matthew Hesmondhalgh	This book is a frank and honest appraisal of service provision for young people with ASDs that both informs and encourages parents and professionals
ASD10.2 1B	Autism & Loss	Rachel Forrester-Jones & Sarah Broadhurst	This is a complete resource that covers different types of loss, including bereavement, loss of friends or staff, loss of home or possessions and loss of health.
ASD11 1B	Autism-Asperger & Sexuality: Puberty & Beyond	T Bolick	A groundbreaking personal look at the sexual challenges of those diagnosed with Autism or Asperger Syndrome.
ASD11.1 1B 1P	Autism and Learning	Stuart Powell and Rita Jordan	Outlines an approach to education that takes into account the 'autistic' way of thinking. Includes both theory and practical ideas.

ASD12 1B	Autism & Play	J Beyer & L Gammeltoft	This accessible handbook describes different play sequences, which encourage integration of social, emotional & cognitive development in autistic children.
ASD12.1 1B	Autism and Pervasive Developmental Disorder	Karyn Seroussi	A mother's book on her research on behavioural therapies and nutritional approaches.
ASD13 1B	Autism – the Eighth Colour of the Rainbow	Florica Stone	A mother's story of developing communication with her autistic son.
ASD13.2 2B	Autism: How to help your young child	NAS	Split into easy to use sections, so you can pick out those parts most relevant to your child.
ASD13.3 2B	Autism: an inside out approach	Donna Williams	Practical advice from an author with autism on topics such as making connections with other people.
ASD14.1 1B	Autism and Sensing	Donna Williams	Goes in depth into the way that people with autism perceive the world.
ASD15 1B	Autistic Thinking – This is the Title	Peter Vermeulen	A great contribution towards translation of the autistic view of the world.
ASD16.1 1B 1P	The Autistic Spectrum	Lorna Wing	A comprehensive guide, covering childhood to adulthood.
ASD16.2 1B	Autism Spectrum Disorders	Chantal Sicile-Kira	Full of important information & useful advice with references & quotes from people on the spectrum.
ASD17 2B	The Blue Bottle Mystery	Kathy Hoopman	Ben and Andy find a mysterious blue bottle in their school yard. A story for children about Asperger syndrome.
ASD17.01 1B	Born on a Blue Day	Daniel Tammet	Honest account of Aspergers Syndrome & Savant Syndrome. Suitable for teenagers & adults.
ASD17.1 1B	Buster and the Amazing Daisy	Nancy Ogaz	The story of Daisy, a girl with Asperger Syndrome, and Buster, the school rabbit.
ASD18 2B	Different Like Me – My Books of Autism Heroes	Jennifer Elder	This book celebrates individuality and is a valuable resource for children – particularly with ASD, their parents and carers.
ASD19 3B	Can I tell you about Asperger Syndrome?	Jude Welton	Aimed at children aged 7-15. A young boy with AS invites young readers to learn about AS from his perspective.
ASD 19.1	Can I tell you about Autism?	Jude Welton	A young boy with autism invites young readers to learn about autism from his perspective.
ASD20 2B 1P	Can't Eat Won't Eat	B Legge	Strategies for problems with feeding.
ASD21 1B	Caring For A Child With Autism: A Practical Guide For Parents	M Ives & N Munro	A comprehensive & readable guide who answers the questions commonly asked by parents & carers following diagnosis.
ASD21.1 1B	Challenging Behaviour & Autism	Philip Whitaker	A practical guide for parents and professionals.
ASD22-AS 3B	Children With Asperger's Syndrome: A Booklet for Brothers & Sisters	Julie Davies	A booklet for siblings (aged 7+) that explains what autism is, describes the difficulties, and suggests ways to explain autism to other people. It also shares the good things about being the sibling of a child with autism.
ASD22-A 3B 1P	Children with Autism: A Booklet for Brothers & Sisters	Julie Davies	A booklet for siblings (aged 7+) that explains what autism is.
ASD22.1 1B	Children with Autism and Asperger Syndrome	Patricia Howlin	Covers a range of issues, from communication to ritualistic behaviours.
ASD24 1B	Comic Strip Conversations	Carol Gray	Using illustrations to help children with autism develop conversation skills.
ASD25 1B 2P	The Curious Incident of the Dog in the Night Time	M. Haddon	Prize winning murder mystery like no other which tells the story of Christopher Boone who is 15 and has Asperger Syndrome.
ASD25.1 1B	Dasha's Journal	T.O. Daria	The author has worked in the field of Autism for 20 years. She has a son & daughter on the Autism Spectrum. This is a humorous story of their cat called Dasha & provides an easy introduction to the myths & mysteries of Autism.
ASD26 2B	Diet Intervention & Autism	M Le Breton	This book explains in layman's terms what gluten free and casein free diet involves, those foods that need to be excluded from the diet and those which are safe to use.
ASD26.1 1B	Do You Understand Me?	Sofie Koborg Brosen	Suitable for teenagers and also useful for teachers, parents, carers – this book gives an insider's view of life as a child with autism attending mainstream school. Entertaining and informative.
ASD27 1B	Eating an Artichoke	E R Fling	A mother's perspective on Asperger syndrome.
ASD28 1B	Everybody is Different	NAS	A book for young people who have brothers or sisters with autism.

ASD28.1 1B	Finding out about Asperger Syndrome, High Functioning Autism and PDD	Gunilla Gerland	A short booklet for young people with Asperger Syndrome, or their friends.
ASD29 2B 1P	Freaks, Geeks & Asperger Syndrome	L Jackson	Written by a young person with Asperger Syndrome. Gives advice & guidance on bullying, friendships, when & how to tell others about AS, problems at school, dating, relationships & morality.
ASD29.1 1B	Foundation Role Plays for Autism	Andrew Nelson	Contains safe, structured role play activities for working with groups or individuals. Workbook & CD stimulates challenging situations eg answering the phone, going to the supermarket & following teachers instructions.
ASD30 1B	George and Sam	Charlotte Moore	The author tells of her experiences bringing up two autistic sons.
ASD31 1B	Giggle Time	Susan Aud Sonders	A system of structured, one to one play to develop social connections in children with autism.
ASD31.1 1B	Girls Growing Up on The Autism Spectrum	Shana Nichols with Gina Marie Moravcik & Samara Pulver Tetenbaum	Adolescence – approaching / going through it. What parents and professionals should know about the pre-teen and teenage years.
ASD32 1B	Growing Up Severely Autistic: They Call Me Gabriel	K Rankin	An intensely moving account of a mother's life with a severely autistic son.
ASD32.1 1P	The Handbook of Autism	M. Aarons and Tessa Gittens	Book covering aspects such as assessment, communication, and education.
ASD32.2 1B	Hints & Tips for Helping Children with ASD	Dion E Betts & Nancy J. Patrick	Ideas for small changes which can result in big improvements in quality of life for all.
ASD32.3 1B	How to live with Autism and Asperger Syndrome	Chris Williams & Barry Wright	In plain language this is an ideal book for families & professionals, tackling many common problems, eating, sleeping & toileting and suggesting strategies for coping with aggression, tantrums & approaches to compulsions & preoccupations.
ASD33 3B	I am Special	Peter Vermeulen	A workbook for introducing young people to their autism spectrum disorder. Aimed at children aged ten years and up.
ASD33.01 1B	I can't do that	John Ling	My Social stories to help with communication, self-care & personal skills.
ASD33.1 1B	I Have Autism... What's That?	Kate Doherty, et al	Illustrated booklet for children with autism.
ASD34 1B	I Love my Brother!	Connor Sullivan	A pre-schooler's view of living with a brother who has autism.
ASD36 1B	I'm Not Naughty I'm Autistic	J Shaw	A young person's journey through autism written from their perspective.
ASD37 2B 1P	It Can Get Better	Paul Dickinson & Liz Hannah	How to deal with common behaviour problems in young autistic children.
ASD37.01 1B	Learning About Friendship	K.I. Al-Ghani	Stories to support social skill training in children with Asperger Syndrome & high functioning Autism.
ASD37.1 1B	Learning & Behavior Problems in Asperger Syndrome	Margot Prior	Offers practical information on managing the challenges that AS presents in everyday life & in the classroom.
ASD38 1B	Life Behind Glass	W Lawson	A personal account of Autism Spectrum Disorder.
ASD39 1B	Lisa and the Lacemaker	Kathy Hoopman	Lisa finds an old building in her friend Ben's back yard. A story for children about Asperger syndrome.
ASD39.01 1B	Living Sensationally - Understanding your senses	Winnie Dunn	This book helps you to understand how sensory conflicts arise & how best to deal with them at home & work. For people/children with Autism & ADHD
ASD39.1 1B	Making Sense of Sex	Sarah Attwood	A forthright guide to puberty, sex and relationships for people with Asperger's syndrome.
ASD40 1B	Martian in the Playground	Clare Sainsbury	A perceptive account of the experiences that young people with AS go through during schooling.
ASD40.1 1B	Moving House	NAS	Information on how to make moving house for a child with Autism less stressful.
ASD41 2B 1P	My Brother Is Different	L Garrod	Fictional story of a girl who has a younger brother with special needs.
ASD42 1B	My Brother Kevin Has Autism	R Carlson	This book is a collection of 40 rhyming poems & illustrations written by the brother of boy with autism.
ASD44 2B	My Social Stories Book	C Gray & A L White	Social stories used to teaching social & life skills to children on the autism spectrum.
ASD44.1 1B	Our Journey Through High Functioning Autism and Asperger Syndrome	Linda Andron	Each chapter is a contribution from a different individual family, charting their own journey through different aspects of ASDs.
ASD44.2 1B	Parent Survival Manual. A Guide to Crisis Resolution in Autism	Eric Schlopler	Covers various topics, from repetitive behaviours to sleep, and give tips that have worked for other parents.
ASD45 3B	Parenting a Child with Asperger Syndrome	Brenda Boyd.	200 tips and strategies.

ASD47 1B	A Picture's Worth: PECS and other Visual Communication Strategies in Autism	A Bondy & Lori Frost	Presents the Picture Exchange Communication System (PECS) in detail, with an overview of other augmentative communication strategies.
ASD48 2B 2P	Playing, Laughing & Learning With Children on the Autism Spectrum	Julia Moor	Shows how to break down activities into manageable activities, & looks at ways to gain a child's attention & motivation & to build on small achievements
ASD48.1 1B	A Positive Approach to Autism	Stella Waterhouse	Covers theories and ideas, treatment and implication.
ASD48.2 1B	Pretending to be Normal	Lianne Holiday Wiley	About living with Asperger's Syndrome, and being the mother of a child with Asperger Syndrome.
ASD49 2B	Raise Your Child's Social IQ	C Cohen	An easy format using practical tools.
ASD49.1 1B	Raising a Child with Autism	Shira Richman	Explains how to use Applied Behaviour Analysis techniques at home.
ASD49.2 1B	The Red Beast	K.I. Al-Ghani	A story for children with Asperger's Syndrome on controlling their anger.
ASD50 1B	Relationship Development Intervention with Young Children	S E Gustin & R K Sheely	Social & Emotional Development Activities for Asperger Syndrome, Autism, PDD & NLD Contains over 150 enjoyable & stimulating activities & exercises ranging over the entire gamut of social & emotional development.
ASD50.1 1B	Relationship Development Intervention for adolescents	S E Gustin & R K Sheely	Social & Emotional Development Activities for Asperger Syndrome, Autism, PDD & NLD Contains over 150 enjoyable & stimulating activities & exercises ranging over the entire gamut of social & emotional development.
ASD51 2B	The Self-Help Guide for Special Kids & Their Parents	J Matthews & J Williams	Written by a mother & her child with autism. Discusses the problems faced special needs children & offers practical solutions.
ASD52 2B 1P	Siblings of Children with Autism: A Guide for Families	S L Harris	An excellent, practical, informative guide that covers issues from childhood through adulthood.
ASD52.1 1B	The Sound of a Miracle	Annabel Stehli	A parent's story, focussing on normalising hypersensitive hearing.
ASD54.1 1B	Son-Rise	Barry Neil Kaufman	One family's story of using their own intensive interaction programme with their son.
ASD55 1B	Special Children Challenged Parents	R Naseef	Written by a father of a child with autism, this insightful, keen & honest book answers the questions all parents ask about life with a child with special needs.
ASD56 1B 1P	Standing Down Falling Up: Asperger Syndrome from the Inside Out	N Jackson	A fascinating account of Nita's experiences of Asperger Syndrome.
ASD56.01 1B	Support & Teach children on the Autistic Spectrum (How to)	Dave Sherratt	Positive advice on strategies to develop skills in communication & engagement within school & classroom.
ASD56. 1-1 1B	Summer of Hope	Ian Cotton	About the author's time in a summer camp for autistic boys.
ASD57 1B	Ten Things every child with Autism wishes you knew	Ellen Notbohm	Helps the reader understand the needs & potential of every child with autism.
ASD58. 1-1 1B	Teaching Children with Autism	Kathleen Quill	Strategies to enhance communication and socialisation
ASD59 2B	Teaching Children with Autism to Mind-Read	P. Howlin, S. B.-Cohen & J. Hadwin	A practical guide to developing 'theory of mind' in children with autism.
ASD 59.01 1B	The Complete Guide to Asperger's Syndrome	Tony Attwood	An easy to read encyclopaedia on Asperger's Syndrome.
ASD59.02 1B	The Incredible 5-Point Scale	Kari Dunn Buron & Mitzi Curtis	The Incredible Five-Point Scale is an amazing strategy to help children with Autism understand & control their emotional responses. Great resource for parents and teachers.
ASD59.1 2B	Thinking in Pictures	Temple Grandin	Temple Grandin is a respected scientist who also has autism; this is her book about what it means to be autistic.
ASD60 1B	Tictionary	B Offinger	A reference guide to the world of Tourette's syndrome, Asperger syndrome, & Obsessive Compulsive Disorder.
ASD61 3B	Toilet Training for Individuals with Autism & Related Disorders	M Wheeler	This book offers effective strategies for teaching toilet skills for individuals with Autism.
ASD62.1 1B	Using Intensive Interaction & Sensory Integration	Phoebe Caldwell with Jane Horwood	A handbook for those who support people with Severe Autistic Spectrum Disorder.
ASD62.2 1B	Voices from the Spectrum	Cindy N. Ariel & Robert A. Naseef	Parents, Grandparents, siblings, people with autism & professionals share their wisdom.
ASD63 1B	What did you say? What do you mean?	Jude Welton	100 metaphors explained for young people with Asperger syndrome.

ASD64 2B 1P	What Does It Mean to Have Autism?	L Spilsbury	This book explores what it means to have Autism. What causes it and what can family & friends do to help?
ASD64.1 1B	What is Asperger Syndrome, and how will it affect me?	NAS	Booklet for young people with explanations, tips and so on.
ASD64.2 1B 1P	Words Will REALLY Hurt Me	NAS	Short pamphlet from the NAS on protecting your child from bullying.
ASD65 1B	Writing and Developing Social Stories	Caroline Smith	Provides an introduction to how to write social stories, with a number of examples.
ASD 65.1 1B	Why do I have to?	Laurie Leventhal-Belfer	A book for children who find themselves frustrated by everyday rules.
ASD66 1B 1P	Why Does Chris Do That?	Tony Attwood	Suggestions as to the cause and management of various behaviours.
ASD66.1 1B	Women & Girls with Autism Spectrum Disorder	Sarah Hendrickx	An insightful, sensitive analysis of the pattern of behaviours in females from childhood to old age.
ASD67 2B	Caring for Myself	Christy Gast and Jane Krug	An entertaining and educational social skills storybook that helps children with ASD to understand the importance of taking care of their bodies.
ASD68 1B	A Friend like Henry	Nuala Gardner	A true story of an autistic boy and the dog that unlocked his world.
ASD69 2B	The Transporters - DVD		DVD designed to help children understand & recognise emotions. Includes tasks for reinforcing & testing understanding.
ASD70 1B	Learning to Live with High Functioning Autism: A Parent's Guide for Professionals	Mike Stanton	A guide for professionals from a parent's perspective.
ASD71 1B	Discovering Who I Am: Growing up in the Sensory World of Asperger Syndrome	Elkie Kammer	Autobiography for professionals following a woman's search for understanding and acceptance.
ASD72 2B	Talking Together About an Autism Diagnosis: A Guide for Parents & Carers of Children with an ASD	Rachel Pike/NAS	A practical guide on how to explain a diagnosis of ASD to a child.
DIT6	Gut and Psychology Syndrome – Natural Treatment for Dyspraxia, Autism, ADD, Dyslexia, ADHD, Depression, Schizophrenia	Dr Natasha Campbell-McBride	Explains the nutritional connections with psychiatric and neurological disorders and gastrointestinal function.

Keyword: Asthma

Code	Title	Author	Description
AST2 1B	Supporting Children with Asthma	Hull Learning Services	Covers areas including what to do if a child has an attack, staff responsibility, subject specific dos and don'ts and specialist career advice.

Keyword: Bed-wetting/Contenance/Soiling

Code	Title	Author	Description
ASD61	Toilet Training for Individuals with Autism & Related Disorders	M Wheeler	This book offers effective strategies for teaching toilet skills for individuals with Autism.
BCS0 1B	Bowel and Bladder Management in Children with Special Physical Needs	ERIC	A guide for parents.
BCS0.1 1B	Childhood Soiling	ERIC	A guide for parents.
BCS1 1B 1P	Clouds and Clocks: A Story for Children who Soil	Matthew Galvin	A story to prepare children who soil for treatment.
BCS1.1 1B	David's Secret Soccer Goals	Caroline Levine	Story about David, who has a bedwetting problem.
BCS1.2 1B	Daytime Wetting	ERIC	A guide for parents.
BCS2 2B	Everybody Poos	Taro Gomi	A book for children; 'Every living thing has to eat, so everybody poos!'
BCS3 1B	I Want My Potty!	Tony Ross	The Princess learns to love her potty.
BCS3.2 2B	Poo Go Home & Sneaky Poo	Tamsin Black, Ian Williams & Yvonne Wright	1 Book but 2 stories – Poo go home is aimed at children up to 7 yrs & Sneaky Poo is more designed for older children 7-11.
BCS4 1B	Sammy the Elephant & Mr Camel: A Story To Help Children Overcome Bedwetting	J Mills & R Crowley	A delightful story for parents & children that helps children overcome the problem of bedwetting.
BCS5 1B	Solving Children's Soiling Problems	Jackie Bracey	A good basic text on the diagnosis and management of constipation and soiling. Aimed at health professionals, but may be useful to parents.
BCS6 1B	We Can Do it! Helping Children who have learning disabilities with bowel and bladder management	ERIC	A guide for parents.

BCS6.1 1B	Toby and the Flood	Rebecca Price	Toby is in trouble. Every morning when he wakes up, his bed is wet. One night, Toby and his friend Mr Beaver, find themselves in a flooded valley. Can they help before the village is washed away?
BCS7 1B	Constipation, Withholding and Your Child – A Family Guide to Soiling and Wetting	Anthony Cohn	A guide to help children to overcome toileting problems.
BCS8 1B	Beating Sneaky Poo – Ideas for Faecal Soiling	Terry Heins & Karen Ritchie	Comprehensive book for helping children overcome toileting problems.

Keyword: Behaviour

Code	Title	Author	Description
ADD24	Parenting the Strong-Willed Child	Rex Forehand, Nicholas Long	Aimed at the parents of two to six year olds, this book describes a program to manage strong-willed behaviour.
ADD26	Pre Referral Intervention Manual	S B McCarney	Detailed intervention for the most common behaviour problems encountered in the Educational Environment (for reference only) .
ADD29.1	Raising your Spirited Child	Mary Sheedy Kurcinka	Through a positive viewpoint, the author offers parents emotional support & proven strategies for handling their spirited child.
EMD0.11	A Short Introduction to Attachment & Attachment Disorder	Colby Pearce	This book presents a short & accessible introduction to what attachment means, how to recognise it in children & how to help them
BAV0.1 2B	Anger Management Games for Children	Deborah M Plummer	Fostering successful anger management strategies through familiar and easy games for children aged 5-12.
BAV0.11 3x1B	A New Pathway, Supporting Change, Communication	The Challenging Behaviour Foundation	A set of 3 DVD's for parents, carers & professionals who live & work with children with severe learning disabilities & challenging behaviour.
BAV2 1B	The Explosive Child	Ross W. Greene	Advice on how to deal with what the author describes as 'inflexible-explosive' children.
BAV3 1B	The Good, the Bad and the Irritating	Nigel Mellor	Practical approaches for parents of children who are attention seeking.
BAV3.1 1B	How to Keep Your Kids from Driving you Crazy	Paula Stone Bender	A proven programme for improving your child's behaviour & regaining control of your family.
BAV4 2x4B	Little Raja, The Elephant with the Troublesome Trunk	Reading Lights	Books designed to support children whose behaviour in the past has been seen as stigmatising or challenging; the theme is 'Stop! Think! Understand!'. They are intended to be read with the child, to develop their strengths and confidence.
	Peaches, The Puppy who Screeches		
	Quackeline, The Duck who wanted to be a Swan		
	Streaky, The Annoying Little Piglet		
BAV 4.01 1B 1P	Managing Challenging Children	Gerard Gordon	Practical strategies for teachers.
BAV4.02 1B	No Fighting, No Biting, No Screaming	Bo Hejlskov Elven	How to make behaving positively possible for people with Autism & other developmental disabilities through reassessing difficult situations & offering easy & effective strategies.
BAV4.1 1B	Over The Top Behaviour in the under-tens	NFPI	A small booklet aiming to show the difference between 'normal' behaviour and more serious problems.
BAV7 1B	Seeing Red	Jennifer Simmonds	A group-work curriculum on anger management for children aged 6 to 12.
BAV10 2B 1P	Toddler Taming	Christopher Green	Practical advice for dealing with toddlers.
BAV10.1 1B	Beyond Toddlerdom	Christopher Green	Sequel to Toddler Taming – advice for parenting the 5-12 age groups.
BAV11 1B	Challenging Behaviour – A fresh look at Promoting Positive Learning Behaviours	Anne Copley	A guide for teachers on strategies to use in the classroom.
BAV12 1B	Self-Injurious Behaviour	Challenging Behaviour Foundation	Primarily for family carers – provides a useful introduction for anyone who may encounter self-injurious behaviour.

Keyword: Bullying

Code	Title	Author	Description
BUL1 1B	The Anti-Bullying Handbook	K Sullivan	Looks at what exactly bullying is, and how it can be prevented and dealt with.
BUL2 1B	Be Smart, Stay Safe	M Elliot	Fictional book for children based on true stories about being bullied & how to stay safe.

BUL3 6	Bully-Free: Activities to Promote Confidence & Friendship	M Elliott & G Shenton	Covers a range of activities to help young people discover what bullying is & why it happens, what you can do with aggression when it feels threatening, how you can use body language & assert yourself & issues of prejudice & discrimination.
BUL4 1B	Bullies, Big Mouths & So Called Friends	J Alexander	A self-help book that discusses bullying & how to handle it.
BUL5 1B	Bullying	M Elliot	Covers issues such as what is bullying, what can be done, self-assertiveness, making friends & exercises that help.
BUL5.1 1B	Cyber Bullying	Vanessa Rogers	Activities to help children and teens to stay safe in a texting, twittering, social networking world.
BUL5.2 1B	Don't Pick on Me	Rosemary Stones	A book on how to handle bullying.
BUL6 1B	Good Friends are Hard to Find	F Frankel	Step-by-step parent's guide to help their 5 – 12 year old children make friends & solve problems with other kids such as bullying, teasing & meanness
BUL7 1B	Helping Children who have Hardened their Hearts or Become Bullies	Margot Sunderland	A guidebook and story book to help troubled children work through their feelings. Included statements by made by children.
BUL7.1	Helping Children who Bottle Up their Feelings	Margot Sunderland	A guidebook & storybook to help parents, teachers or anyone looking after children to help them think about & work through their feelings.
BUL8 1B	The Willow Street Kids: Beat the Bullies	M Elliot	Fictional book for children based on true stories in secondary schools

Keyword: Cancer and Leukaemia

Code	Title	Author	Description
CAN0 1B	Fighting the big 'C'	CLIC	Guide for children who have cancer; includes explanations of treatments, side effects and so on.
CAN1 1B	Living With Leukaemia	P Westcott	This book focuses on 2 young people with Leukaemia & illustrates the differing ways in which they are affected & the treatment they are undergoing. It also illustrates that more & more people recover from Leukaemia.
CAN2 1B	The Year My Mother Was Bald	A Speltz	Aimed at children aged 8-13, this book is a journal of a year in a girl's life as her mum undergoes treatment for cancer.

Keyword: Cerebral Palsy

Code	Title	Author	Description
CPL0 1B	Can I tell you about Cerebral Palsy?	Marion Stanton	Learn through Sophie, a girl with CP from her perspective about using a wheelchair & assistive technology to communicate.
CPL1 1B	Cerebral Palsy Handbook	M Stanton	The Cerebral Palsy offers clear and practical information for parents and carers which covers the early stages, day to day care, types of treatment, support networks, legal rights and school.
CPL2 1B	Cerebral Palsy: Problems & Practice	M Griffiths & M Clegg	Causes of CP, describes how mobility & other abilities are affected & stresses importance of early intervention, adequate assessment, developmental programmes & educational provisions to prepare the child for an independent adulthood.
CPL4 1B 1P	Children with Cerebral Palsy	E Geralis	Discusses comprehensive coverage of the concerns & issues central to helping children with cerebral palsy.
CPL5 1B	Handling the Young Child with Cerebral Palsy	Nancie Finnie	A classic and popular text that includes a wealth of information for therapists, nurses, parents and carers.
CPL6 1B	Living With Cerebral Palsy	P Pimm	This book focuses on 4 young people with Cerebral Palsy & illustrates the differing ways in which they are affected It also illustrates how they need help with some things but still live life to the full.
CPL7 1B	My Perfect Son Has Cerebral Palsy	M Kennedy	An excellent book that enables a better understanding of Cerebral Palsy, which reminds you to place the emphasis on the child not the disorder.

HEM1	Hands Up For Andie	Brenda Palmer	Andie has to wear a splint to school and doesn't like it, until someone comes to the rescue.
LD24.11	Sensory Motor Activities for Early Development	Chai Swee Hong, Helen Gabriel & Cathy St John	A complete package of tried & tested fine motor activities, This practical manual was developed with, and is therefore essential to, carers and practitioners in health, education, social service & voluntary sectors.

Keyword: Chronic Fatigue Syndrome / ME

	Title	Author	Description
CFS1 1B	Chronic Fatigue Syndrome: The Facts	F Campling & M Sharpe	Practical information on issues from diagnosis to treatments and therapies.

Keyword: Coeliac Disease

Code	Title	Author	Description
COE0 1B	Allergy-Free Cooking for Kids	Antoinette Savill	Includes recipes which are gluten free, dairy free, egg free and nut free.
COE1 1B	Coeliac Disease	Geoffrey Holmes & Carlo Catassi	Aimed at professionals.
COE2 1B	Eating Gluten-Free with Emily	Bonnie J Kruszka	A book for children with coeliac disease.
COE3 1B 1P	Gluten-Free Cooking	Australian Women's Weekly	Small booklet of recipes.
COE4 1B	Healthy Gluten-Free Eating	Darina Allen & Rosemary Kearney	Produced with Coeliac UK. Includes advice on a healthy diet along with recipes.

Keyword: Communication

Code	Title	Author	Description
COM1.01 1B	Chatter Matters	iCan	DVD for families and carers of children aged 0-5, showing how to help your child develop into a good communicator.
COM1.1 1B	Children with Language Impairments	Morag L Donaldson	An introduction, mainly aimed at professionals.
COM2 1B	Communication Intervention: Birth to Three	L Rosseti	This book addresses risk factors for communication delay and aims to enhance interaction for children 0-3years
COM3 1B	Helping Children to Improve their Communication Skills	Deborah M. Plummer	Includes fun & imaginative ideas for children ages 4-11 with a speech or language delay develop their communication abilities.
COM4 1B	It Takes Two To Talk	J Pepper & E Weitzman	A practical guide for parents who have a child with a language delay. Includes sections on learning more about your child's communication, and communication through play.
COM6 1B	Language Development in Children with Special Needs	I Johansson	An invaluable & excellent advice / resource book that offers a week by week programme that encourages language acquisition & communication.
COM6.1 1B	Like Sound Through Water	Karen J. Foli	A book about a Mother's Journey Through Auditory Processing Disorder.
COM8 1B	Learning to Talk, Talking to Listen	iCan	DVD, aimed at those working in Early Years settings, explaining how children learn to talk, and good practices to develop speech.
COM10 1B	Selective Mutism in Children	Tony Cline, Sylvia Baldwin	Analyses the phenomenon and offers suggestions for treatment.
COM11 1B	Something Special Out & About – Hello Mr Tumble!	BBC DVD	DVD using Makaton for children with Additional Support Needs in various situations.
COM12 1B	Supporting People with Speech & Language Impairment & Associated Difficulties	J McMinn	This book describes how speech & language impairments affect children's learning & suggests how teachers can make the curriculum more accessible & so facilitate learning.

Keyword : Congenital Adrenal Hyperplasia

Code	Title	Author	Description
CAH1 1B	Your Child With Congenital Adrenal Hyperplasia	G L Warne	Covers all aspects of the condition.

Keyword - DCD & Dyspraxia

Code	Title	Author	Description
ADD17.1	Kids in the Syndrome Mix	Martin L Kutsher	About children who have a mix of symptoms from ADHD, DCD, Autism and Dyslexia.

DCD0	Caged in Chaos	Victoria Briggs	Written by a teenage dyspraxic, this inspiring book is a unique guide for dyspraxics and those around them.
DCD0.1 1B	Can I tell you about Dyspraxia?	Maureen Boon	Told through Marco, a boy with dyspraxia/DCD, this book explains what the condition is & what it feels like, and tells readers how he can be helped & supported.
DCD1 6	Developmental Co-ordination Disorder	M Ball	Hints & tips for the activities of daily living.
DCD1.1 1P	Discover Yourself	Gill Dixon	For children with Dyspraxia.
DCD2 1B	Dyspraxia / Developmental Co-ordination Disorder	The Dyscovery Centre	An easy to follow and simple introduction to the conditions of Dyspraxia and DCD.
DCD2.1 1B	Dyspraxia: A Guide for Teachers and Parents	Kate Ripley, Bob Daines and Jenny Barrett	Promotes an understanding of dyspraxia and movement development for professionals and also for parents.
DCD3 1B 1P	Helping Children with Dyspraxia	M Boon	Discusses what Dyspraxia is, how it affects children & how they can be helped. Lists information on publications, programmes, equipment & organisations.
DCD4 1B	How to Help A Clumsy Child	L Kurtz	A practical resource manual & how to book for parents & professionals offering advice on abnormal motor development.
DCD5 1B	How to Understand and Support Children with Dyspraxia	Lois Addy	Supporting children with dyspraxia in school.
DCD6 1B	Jack the Disorganised Dragon	S Drew	A children's book written by the Director of the Dyscovery Centre, Cardiff aimed at helping children with DCD or Dyspraxia.
DCD7 1B	The Out of Sync Child	Carol Stock Cranowitz	Discusses Sensory Integration Dysfunction, an inability to process information received through the senses, which can cause motor problems and learning problems. Includes practical advice on helping your child.
DCD7.1 1B	The Out of Sync Child has fun	Carol Stock Cranowitz	Activities for children with sensory integration dysfunction.
DCD8 1B	Stephen Harris in Trouble	Tim Nichol	Story about an 11 year old boy who has Dyspraxia.
DCD9 1B	Supporting Children with Co-ordination Difficulties	Hull Learning Services	Strategies for working with children with co-ordination difficulties in schools.
DCD10 1B	Watch Me, I Can Do It	Neralie Cocks	Helping children overcome clumsy and uncoordinated motor skills.
DIT6	Gut & Psychology Syndrome – Natural Treatment for Dyspraxia, Autism, ADD, Dyslexia, ADHD, Depression, Schizophrenia	Dr Natasha Campbell-McBride	Explains the nutritional connections with psychiatric and neurological disorders and gastrointestinal function.
LD24.11	Sensory Motor Activities for Early Development	Chia Swee Hong, Helen Gabriel & Cathy St John	A complete package of tried & tested fine motor activities, This practical manual was developed with, and is therefore essential to, carers and practitioners in health, education, social service & voluntary sectors.

Keyword - Dementia

DEM1 1B	Younger People with Dementia	NHS Health Scotland	Written in discussion with people who have had a diagnosis under the age of 65 and their families, full of helpful information
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Keyword – Dental Health

Code	Title	Author	Description
DEN1 1B	Barney Goes to the Dentist	Linda Cress Dowdy	When Ashley goes to the dentist Barney is there too. Explains what goes on at the dentists.
DEN3 1B	Open Wide: Tooth School Inside	Laurie Keller	A funny and well-illustrated look at the importance of dental health for children.
DEN4 1B	Staying Healthy: Dental Care	Alice B McGinty	All about teeth and how to look after them.

Keyword - Diet

Code	Title	Author	Description
ADD2	A User Guide To The GF/CF Diet For Autism, Asperger Syndrome & AD/HD	L Jackson	Written by 12-year-old Luke who has Asperger Syndrome, it tells everything you need to know about the diet. Includes recipes given by his mother
ASD20	Can't Eat Won't Eat	B Legge	Strategies for problems with feeding in autism
ASD26	Diet Intervention & Autism	M Le Breton	This book explains in layman's terms what gluten free and casein free diet involves, those foods that need to be excluded from the diet and those which are safe to use.

ASD3.1	The AiA Gluten & Dairy Free Cookbook	Marilyn Le Breton	A large collection of recipes, from main meals to cakes and breads.
COE0	Allergy-Free Cooking for Kids	Antoinette Savill	Includes recipes which are gluten free, dairy free, egg free and nut free
DIT0 1B	Can I tell you about Eating Disorders?	Bryan Lask & Lucy Watson	An ideal introduction to understanding the complex issues surrounding eating disorders.
DIT1 1B	Eating Problems in Children: Information for Parents	C Fox & C Joughin	Discusses the type of eating problems that affect children, and treatments that may be offered.
DIT2 1B	Feeding Your Baby and Toddler	Annabel Karmel	Has advice on nutrition and lots of recipes.
DIT3 1B	Food & Mood	Elizabeth Somer	Author investigates links between what we eat and how we feel, and suggests possible dietary changes.
DIT4 1B	Food Talks	SCOPE	Practical tips for children with feeding difficulties
DIT5 1B 1P	They are what you feed them	Alex Richardson	Draws together the latest research on food, behaviour and learning to give practical advice on good food for your child.
DIT6 1B	Gut and Psychology Syndrome – Natural Treatment for Dyspraxia, Autism, ADD, Dyslexia, ADHD, Depression, Schizophrenia	Dr Natasha Campbell-McBride	Explains the nutritional connections with psychiatric and neurological disorders and gastrointestinal function.
DIT7 1B	Understanding Food Labels	Infant & Toddler Forum	Practical help & information on Nutrition and Development for professionals & parents

Keyword – Disability Awareness

Code	Title	Author	Description
DIS1 2B 1P	Don't Call Me Special: A First Look At Disability	P Thomas	A delightful picture book that explores questions & concerns about disabilities. Especially for younger children.
DIS4 1B	Susan Laughs	J Willis & T Ross	This charming book explores, with warmth & insight an important issue that is relevant to us all.
DIS5 1B 1P	Topsy & Tim: Make a New Friend	J & G Adamson	A fictional story raising awareness about people with disabilities.
DIS7 1B	What is a Disability?	BAAF	A short guide for children that explains what disabilities are.
DIS8 1B	What's Wrong with Timmy?	M Shriver	A beautiful children's book that helps children understand & that children with disabilities are not to be feared, pitied or ridiculed but are to be embraced, challenged & included.
GEN16	Reflections from a Different Journey	Stanley D Klein, John D Kemp (editors)	'What adults with disabilities wish all parents knew'; essays covering different topics, written by adults with a range of disabilities.

Keyword – Divorce

Code	Title	Author	Description
DV1 1B	Helping Children Cope with Divorce	Edward Teyber	Book covering many aspects of divorce.
DV2 1B	Dinosaurs Divorce	Nicola Edwards	A guide for changing families.

Keyword – Down Syndrome

Code	Title	Author	Description
ADD40	View From Our Shoes	D Meyer	The children/young people whose essays are featured here range from aged 4 to aged 18 & are siblings of youngsters with a variety of special needs including developmental delay, ADD, hydrocephalus, visual & hearing impairments, Down's Syndrome & Tourette's Syndrome.
DOS0.1 1B	Babies With Down's Syndrome	Susan J. Skallerup	Incorporating the latest scientific, medical & educational research as well as practical information, this book is written mainly by parents of children with Down's Syndrome.
DOS1 1B	Best Friends	R Anderson & S McNicholas	A simple story with lots of lively pictures about Jessy, a young girl with Down Syndrome.
DOS1.1 1B	Bright Beginnings	Down's Syndrome Research Foundation	A guide for parents of a Newborn Baby with Down's Syndrome.
DOS2 1B	The Development of Language and Reading Skills in Children with Down Syndrome	Down Syndrome Information Network	(Also downloadable from Down Syndrome Information Network). Discusses speech, signing and written language.
DOS3 1B 1P	Down Syndrome: An Introduction for Parents	C Cunningham	Discusses causes, incidence & characteristics of the condition.
DOS3.1 1B	Down's Syndrome	Antonia Chitty & Victoria Dawson	This guide explains in straightforward language exactly what Down's Syndrome is, including the early years, special educational needs provisions, respite, effects on family life and more.

DOS4 1B	Down Syndrome: The Facts	M Selikowitz	Practical advice about Down Syndrome in a clear and accessible format.
DOS5 1B	Down Syndrome & Health Care	V Prasher & B Smith	Deals with both minor & more serious health issues for people with Down Syndrome, their possible causes & how they can be managed.
DOS6 1B	Early Communication Skills for Children With Down Syndrome	L Kumin	Comprehensive guide for parents in developing early communication skills for Down Syndrome children.
DOS7 1B 1P	Fine Motor Skills In Children With Down Syndrome	M Bruni	Accessible guide to understanding & developing fine motor skills in children with Down syndrome.
DOS7.1 1B	Gifts	Kathryn Lynard Soper	Personal stories from Mothers describing the gifts their child with Down's Syndrome has brought into their lives, from varied family structures & beliefs, all celebrate the child with Down's Syndrome.
DOS8 2B	Gross Motor Skills In Children With Down Syndrome	Patricia C Winders	A guide for parents & professionals.
DOS9 1B	Jessy Runs Away	R Anderson & S McNicholas	A simple story with lots of lively pictures about Jessy, a young girl with Down Syndrome.
DOS9.1 1B	Just Kids	Just Kids	A booklet to help new parents of children with Down's Syndrome through those early, sometimes difficult days.
DOS10 1B	Karina Has Down Syndrome	Cheryl Rogers & Gun Dolva	One family's account of the early years with a child who has special needs.
DOS12 1B	Meeting the Educational Needs of Children with Down Syndrome: A Handbook for Teachers	Down Syndrome Information Network	(Also downloadable from Down Syndrome Information Network). Comprehensive book on how children with Down Syndrome learn, and how to best help them succeed in school.
DOS12.1 1B	Mummy, why have I got Down's Syndrome?	Caroline Philips	Lizzie, a Vicar's daughter, is 9 & her Mum has written this account covering all aspects of day to day family life with her.
DOS13 1B	Russ & the Firehouse	Janet Elizabeth Racket	Follow Russ, a young child with Down Syndrome, as he goes on duty for the day at the local firehouse.
DOS14 1B	Siblings: Growing Up With Your Brother Or Sister With Down Syndrome	Down Syndrome Scotland	Short booklet for siblings of children with Down Syndrome.
DOS15.1 1B	We'll Paint the Octopus Red	Stephanie Stuve-Bodeen	Emma has big dreams for the new baby, and then she learns he has Down's Syndrome.
DOS17 1B	What Does It Mean to Have Down Syndrome	L Spilsbury	This book explores what it means to have Down Syndrome What causes it & what can family & friends do to help?
DOS18 1B	Where's Chimpy?	Berniece Rabe	A joyous story of a young girl with Downs Syndrome who has lost her toy monkey & can't get to sleep without it.
DOS18.1 1B	Your Baby has Down's Syndrome – A guide for parents	Down's Syndrome Association	A concise introductory booklet for new parents of a baby with Down's Syndrome.

Keyword - Dyslexia / Specific Learning Difficulties

Code	Title	Author	Description
ADD7.01	The Bigger Picture	Mindfield	Two stories and a poem, about and by children who have various difficulties with learning.
ADD17.1	Kids in the Syndrome Mix	Martin L Kutsher	About children who have a mix of symptoms from ADHD, DCD, Autism and Dyslexia.
ADD18	Learning A Living: A Guide To Planning Your Career & Finding Job For People With Learning Disabilities, Attention Deficit Disorder, & Dyslexia	D S Brown	Discusses everything you need to know in order to find the best possible job that emphasises a persons' strengths & weaknesses & minimises the effects of disability.
DIT6	Gut and Psychology Syndrome – Natural Treatment for Dyspraxia, Autism, ADD, Dyslexia, ADHD, Depression, Schizophrenia	Dr Natacha Campbell-McBride	Explains the nutritional connections with psychiatric and neurological disorders and gastrointestinal function.
SLD0 1B	Can I tell you about Dyslexia?	Alan M. Hultquist	A guide for friends, family & professionals
SLD0.1 1B	Dictionary of Perfect Spelling	Christine Maxwell	Making a dictionary accessible to the most reluctant speller.
SLD1 1B 1P	Dyslexia: How Would I Cope?	Micheal Ryden	A very accessible book that describes and illustrates graphically how written communication appears to a person with dyslexia and how a person with dyslexia communicates.
SLD2 1B	Dyslexia: The Facts	M Selikowitz	Practical information covering all aspects of dyslexia.

SLD3 5B 1P	The Gift of Dyslexia	Ronald D Davis	Sets out step-by-step techniques, using visualisation & multi sensory learning.
SLD3.1 1B 1P	Help for the Dyslexic Adolescent	E G Stirling	Covers everything from reading and spelling to dealing with exams.
SLD3.2 1B	How Many Days Until Tomorrow?	Caroline Janover	Book for 8-12 year olds about Josh, a 12 year old with dyslexia who is spending his summer on a remote island.
SLD3.2.1 1B	An Introduction to Dyslexia for Parents & Professionals	Alan M Hultquist	Contains basic need-to-know information & answers frequently asked questions.
SLD3.3 1B	Life Skills	Jan Poustie	Short booklet setting out practical strategies for people with specific learning difficulties in areas such as cooking, communication, DIY and so on.
SLD4 1B	Overcoming Dyslexia for Dummies	Tracey Wood	This hands-on guide leads you step by step through your options to help your child succeed and explains how anyone with dyslexia can achieve success in school & life.
SLD6 1B	Practical Strategies for Living With Dyslexia	Maria Chivers	This book illustrates & examines possible strategies for day to day life with dyslexia.
SLD6.01 1B	Reading through Colour	Arnold Wilkins	How coloured filters can reduce reading difficulty, eye strain & headaches.
SLD6.1 1B	Specific Learning Difficulties: A Teacher's Guide	Margaret Crombie	Strategies for teachers.
SLD6.2 1B	So, you think you've got problems	Rosalind Birkett	A book that can be used to explain what Dyslexia is to a child with a diagnosis/traits.
SLD7.1 1B	'This Book Doesn't Make Sense'	Jean Augur	Tips and personal stories about living and learning with dyslexia.
SLD8 1B	What Does It Mean to Have Dyslexia	L Spilsbury	This book explores Dyslexia in its various forms What causes it? How can people find out if they have Dyslexia? What can family & friends do to help?
SLD9 1B	100 Ideas for Supporting Pupils with Dyslexia	Gavin Reid and Shannon Green	Explores 100 practical ideas to enhance and develop learning and is aimed at anyone working to support pupils with dyslexia.
SLD10 1B	What is Dyslexia	Alan M Hultquist	A book explaining dyslexia for kids and adults to use together.

Keyword – Eating Disorders

Code	Title	Author	Description
EAD1 1B	Diet of Despair: A Book About Eating Disorders for Young People & their Families	Anna Paterson	This book tells the tale of Anna who suffers with an eating disorder. It charts her experience, gives information about eating disorders & a plan for recovery
EAD2 1B	Eating Disorders: The Facts	S Abraham & D Llewellyn-Jones	Practical information on Anorexia, Bulimia and Obesity

Keyword - Eczema

Code	Title	Author	Description
ECZ1 1B	Eczema and Your Child	T Mitchell, D Paige, K Spowart	Questions and answers covering all aspects of eczema, from causes and complications to choosing a washing machine.
ECZ2 1B	Food Solutions: Eczema	Patsy Westcott	Strategies for managing eczema, covering conventional & complementary techniques.
ECZ2.01 1B 1P	Happy Families	Dermal	Happy Families card game, with questions on eczema to answer through the game.
ECZ2.1 1B	Living with Eczema	Glaxo	Short book on eczema.
ECZ3 1B	Paul Has Eczema	The Medicine Group	An information booklet for children with Eczema.

Keyword - Education

Code	Title	Author	Description
ASD32.01	Home Educating Our Autistic Spectrum Children	Terri Dowty & Kitt Cowlshaw	Parents personal insights into home educating their children with ASD.

BAV8	Sharing Good Practice	G Lloyd and P Munn	Report which looks at the good practice in Scotland with reference to the prevention and support concerning pupils presenting social, emotional and behavioural activities.
EDU1.2 1B	Get Better Grades: Maths	Margie Agnew et al	Secondary school level maths in an approachable style.
EDU3 1B	Implementing Intensive Interaction in Schools	M Kellet & M Nind	Offers practical guidance on how to get the most from the approach in a school setting.
EDU4 1B	Just Schools	Belinda Hopkins	A practical handbook with a whole school approach to restorative justice.
EDU4.2 1P	Learners' Experiences (DVD)		A training pack of a CD-Rom and DVD on the Disability Discrimination Act. Deals mainly with older learners, but may be useful for those dealing with younger children.
EDU5 1B	Pied Piper: Musical Activities to Develop Basic Skills	John Bean & Amelia Oldfield	Musical activities for children with special needs, to develop skills from motor control to social skills.
EDU6.1 2B	Pushing Back More Furniture	Kate Button and Margaret Winter	Practical ways of developing the use of 'circle time'.
EDU8 1B	Storymaking in Education and Therapy	Alida Gersie, Nancy King	Discusses the structure of myths, and how these stories can be used in educational and therapy settings.
EDU9 1B	Supporting Children With Multiple Disabilities	M Mednick	Addresses the growing needs of professionals in a variety of educational settings, and provides a practical support framework for children, professionals and parents.
EDU10 1B	The Terrified Teacher's Guide to Special Needs	D Shortland	A short book full of practical tips for the teacher who is new to inclusion.
EDU11 1B	The Right Place	Jenny Morris	A parent's guide to choosing a residential special school.
EDU12 1B	Working with Children & Teenagers using Solution Focused Approaches	Judith Milner & Jackie Bateman	Solution focused practice principles, this book illustrates communication skills & playful techniques for working with children & young people who may have a range of difficulties. Suitable for a wide range of professionals.

Keyword – Emotional Difficulties

Code	Title	Author	Description
ASD10.2	Autism & Loss – Cross referenced	Rachel Forrester-Jones & Sarah Broadhurst	This is a complete resource that covers different types of loss, including bereavement, loss of friends or staff, loss of home or possessions and loss of health.
BAV0.1	Anger Management Games for Children	Deborah M. Plummer	Fostering successful anger management strategies through familiar and easy games for children aged 5-12.
BAV8	Sharing Good Practice	G Lloyd and P Munn	Report which looks at the good practice in Scotland with reference to the prevention and support concerning pupils presenting social, emotional and behavioural activities.
EMD00 1B	Can I tell you about Anxiety?	Lucy Willetts & Polly Waite	This book shows family, friends & teachers how they can support someone who experiences anxiety.
EMD0 1B	Creative Coping Skills for Children	Bonnie Thomas	Fun, easy, quiet and more physical projects to help children aged 3-10 cope with life's stresses & to calm & relax them.
EMD0.1 1B	Art Therapy Exercises	Liesl Silverstone	Inspirational & practical ideas to stimulate the imagination.
EMD0.11 1B	Attachment & Attachment Disorder	Colby Pearce	This book presents a short & accessible introduction to what attachment means, how to recognise it in children & how to help them.
EMD0.12 1B	Don't Feed The Monster on Tuesdays!	Adolph Moser	A book for children to understand the importance of their self-worth with approaches to strengthen self-esteem.
EMD1 1B	Double Dip Feelings	Barbara S Cain	Stories to help children understand their emotions.
EMD1.1 1B	Exploring Feelings	Vanessa Rogers	Identifying issues for 9-13 yr olds which more commonly used to affect older teens, peer relationships, bullying, educational under-achieving & low self-esteem. Activities, worksheets & games.
EMD1.2 1B	Emotional Strength & Self-Esteem	Rosemarie Portmann	Games for groups & individuals to develop emotional strength & self-confidence, learning to be assertive while living respectfully with others.
EMD1.3 1B	Feeling Like Crap	Nick Luxmoore	An Invaluable resource for anyone working with young people on self-esteem issues.
EMD2 1B	Healthy Anger	B Golden	How to help children and young people manage their anger.

EMD3 2B 1P	Helping Children to Build Self-Esteem: A Photocopiable Activities Book	D Plummer	Focuses on the areas of self-confidence, the self & others, self acceptance, self-reliance, self-expression, self-awareness. For use with children.
EMD3.01 1B	Helping Children to Cope with Change, Stress & Anxiety	Deborah M Plummer	An activities workbook for children aged 7+ to help them manage their emotions.
EMD3.1 1B	Helping Children with Low Self-Esteem	Margot Sunderland	Contains a story book for children and a workbook for those working with them.
EMD3.2 1B	Helping Kids Manage Grief, Fear & Anger	Terri Akin, David Cowan, Susanna Palomares & Dianne Schilling	Equipping children with tools to manage intense & difficult feelings through role-play & discussions to help them explore, understand & accept their feelings.
EMD4 3B 2P	Huge Bag of Worries	V Ironside	A book for children encouraging them to share their worries.
EMD5 1B	I Want Your Moo	M B Weiner	A story for children about self-esteem.
EMD6 1B	Listen to Me	The Listen to Me Project	A group of teenagers from a secondary school in the Highlands have put together this booklet to support young people on the subjects of love, sadness, loss, anger, confusion, guilt and fear.
EMD6.00 1B	Making it Better	Barbara Oehlberg	Over 70 practical classroom activities for children living in a stressful world to help them survive, thrive & heal.
EMD6.01 1B	Overcoming Low Self-Esteem	Melanie Fennell	A self-help guide using Cognitive Behaviour Techniques.
EMD6.1 1B	The Owl Who Was Afraid of the Dark	Jill Tomlinson	Story for young children about overcoming fear.
EMD7 1B	The Scared Child	B Brooks and P M Siegel	How to help children overcome traumatic events. Covers such experiences as death, divorces, disasters and 'trauma by proxy', when children are disturbed by events portrayed in the media
EMD7.01 1B	School Phobia, Panic Attacks & Anxiety in Children	Marianna Csoti	Positive & practical book packed with info & guidance for parents, carers & teachers on dealing with children affected by problems which cause anxiety.
EMD7.02a EMD7.02b EMC7.02c 1x3B	Self Esteem 1 Self Esteem 2 Self Esteem3	Lou Thompson & Tim Lowson	Books 1 & 2 focus on how children view themselves & how others want them to be. Book 3 is for adolescents seen as "at risk" in terms of self-esteem. Both have many activities to enhance a healthy self-esteem.
EMD7.1 1B	Self-Esteem Games for Children	Deborah M Plummer	Games reflecting the 7 key elements of self-esteem with both physical and verbal so can include children with speech/language difficulties or physical disabilities.
EMD9 1B	Understanding and Supporting Children with Emotional and Behavioural Difficulties	Paul Cooper	Aimed more at professionals this covers many areas, including education.
EMD10 1B	A Volcano in my Tummy	Eliane Whitehouse & Warwick Pudney	Outlines a programme for 6-15 year olds to handle anger.
EMD10.01 1B	What To Do When You Worry Too Much	Dawn Huebner	This interactive self-help book is the complete resource for educating, motivating & empowering kids to overcome their overgrown worries.
EMD10.1 1B	When My Worries Get Too Big!	Kari Dunn Buron	Child friendly manual for relaxation techniques, also helpful for parents and teachers.
EMD11 1B	Whispers In The Graveyard	T Breslin	Fictional book about anger.

Keyword - Epilepsy

Code	Title	Author	Description
EPL1 1B	Epilepsy	A Hanscomb & L Hughes	Covers all aspects and types of epilepsy.
EPL2 1B	Epilepsy	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.
EPL3 1B 1P	Epilepsy and your child	R E Appleton, B Chappell & M Beirne	A very clear book in question and answer format, covering all aspects of your child's epilepsy.
EPL4 2B 2P	Epilepsy: The Detective's Story	Peter Rogan & David Hollam	Fictional story for children explaining epilepsy.
EPL5 1B 1P	Epilepsy Reference Book	J Oxley & J Smith	An indispensable information source on epilepsy for patients, their families, GPs, health workers and carers.
EPL6 1B	Family Doctor Guide to Epilepsy	Dr M Walker & Prof S D Shorvon	Discusses symptoms, tests, diagnosis, treatments, self-help & lifestyle.
EPL7 1B	Diagnosis & Management of Epilepsies in Children & Young People	SIGN	Guide from SIGN covering all aspects of Epilepsy in children & young people.

EPL8 1B	Weathering the Storms: Living with Epilepsy	Julie Dennison	The author tells her story of living with epilepsy.
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Keyword – Foetal Alcohol Spectrum Disorder

Code	Title	Author	Description
FAS 1 1B	Understanding Fetal Alcohol spectrum Disorder	Maria Catterick & Liam Curran	An easy read guide for anyone caring or working in the field of FASD.

Keyword – Fragile X

Code	Title	Author	Description
FRX1 1B 1P	Children with Fragile X Syndrome	Jane Dixon Weber	A comprehensive guide for parents.
FRX2 1B	Educating Children with Fragile X Syndrome	Denise Dew-Hughes	Covers various aspects of education, including adaptations and therapy.

Keyword : Genetics, Chromosomal Disorders

Code	Title	Author	Description
CHR1 1B	The Little Yellow Book	Unique	A basic guide to chromosomes & chromosomal disorders.

Keyword - Grief

Code	Title	Author	Description
ASD10.2	Autism & Loss – Cross referenced	Rachel Forrester-Jones & Sarah Broadhurst	This is a complete resource that covers different types of loss, including bereavement, loss of friends or staff, loss of home or possessions and loss of health
EMD3.2	Helping Kids Manage Grief, Fear & Anger	Terri Akin, David Cowan, Susanna Palomares & Dianne Schilling	Equipping children with tools to manage intense & difficult feelings through role-play & discussions to help them explore, understand & accept their feelings.
GRF 00 1B	A Tiger Tale	Holly Webb	Kate's toy tiger turns into a real, comforting tiger who sounds & looks a bit like Grandad.
GRF0 2B	Talking with Children and Young People about Death and Dying	Mary Turner	A book for parents and/or professionals to help children who have suffered or are facing imminent bereavement.
GRF0.1 1B	Helping Children with Ill or Disabled Parents	Julia Segal & John Simkins	Looks at the range of issues arising if a parent becomes ill or disabled & suggests positive ways in which these can be approached, includes bereavement.
GRF0.2 1B	Helping Children to Manage Loss	Brenda Mallon	Explores the impact of death, divorce, separation, illness, disability, abuse, suicide & disaster on children whilst providing positive strategies to cope.
GRF1 1B	An Intimate Loneliness: Supporting Bereaved Parents & Siblings	Gordon Riches & Pam Dawson	Explores how family members attempt to come to terms with the death of a child or brother/ sister.
GRF2 1B	Michael Rosen's Sad book	Michael Rosen & Quentin Blake	Michael Rosen has written a book about his sadness, how it affects him & things he does to try to cope with it. Award winning book.
GRF2.1 1B	Separation: Death		Letters, Stories & practical advice help children experiencing grief to understand & cope with their feelings until happier times return.
GRF2.2 1B	Understanding Children's Experiences of Parental Bereavement	John Holland	Insight into the impact of death on children, this comprehensive study assesses how schools, caring professions & parents can better support children through a parental bereavement. For professionals.
GRF3 1B	Understanding Death & Dying: A Guide for Families and Friends	BILD	The second in a series of books to help people with learning difficulties understand and respond to death and bereavement.
GRF4 1B	Understanding Death & Dying: A Guide for Carers & Professionals	BILD	The second in a series of books to help people with learning difficulties understand and respond to death and bereavement.
GRF5 1B	Water Bugs & Dragonflies: Explaining Death To Children	D Stickney	A delightful simple book explaining death to children.
GRF6 1B 1P	What's Heaven?	Maria Shriver	A beautifully illustrated book that arose when the author's daughter questioned the death of a grandparent.
GRF7 1B	When Somebody Dies	Books Beyond Words	For people with learning disabilities; a story about bereavement without words that can be used to discuss the issues.
GRF7.1 1B	When Uncle Bob Died	Althea	A book that can be read to children to explain death.

GRF8 1B	Badger's Parting Gifts	Susan Varley	A sensitive book to help children come to terms with the death of those they love.
GRF9 1B	Bereavement, Loss & Learning Disability	Robin Grey	A source of understanding & advice to counsellors, therapists, carers & health & social care students who are working with or caring for people with learning disabilities.
GRF10 1B	Duck, Death & the Tulip	Wolf Erlbruch	A straight forward & life-affirming book where duck strikes up a friendship with Death.

Keyword - Growth

Code	Title	Author	Description
GRO1 1B	Every picture tells a story, every story paints a picture	Turner Syndrome Support Society	A collection of drawings, poems and stories by children being treated with growth hormone
GRO2 1B	Magnificent Max	Catherine Chambers	A story for children about having growth hormone injections

Keyword – Hearing Impairment

Code	Title	Author	Description
ADD40	View From Our Shoes	D Meyer	Essays by children/young people aged 4 to 18 and who are siblings of youngsters with a variety of special needs including Developmental Delay, ADD, Hydrocephalus, Visual & Hearing Impairments, Down's Syndrome & Tourette's Syndrome.
HIR1 1B	BSL Dictionary (CD-ROM)		A guide to BSL for young children. Basic signs are shown in video format.
HIR1.1 1B	Choices in Deafness	Sue Schwartz	A guide for parents to communication options. Material is from the USA, so may not all be relevant.
HIR2.1 1B	Deaf Children and Cochlear Implants	NDCS	Aimed at parents and families with deaf children and young deaf people who are considering a cochlear implant.
HIR2.2 1B	Deaf Friendly Schools	NDCS	
HIR3 1B	Empowering Young Deaf and Visually Impaired People; Health, Safety and Sexuality (CD)	Scottish Sensory Centre	A CD-ROM set out in the format of a web page offering information on a variety of subjects.
HIR4 1B	I Can't Hear Like You	Althea	Fictional story about a young deaf boy.
HIR5 1B	Friends Going Swimming	RNID	Read the real life story of Annice & Rowan, who is deaf, as they have fun going swimming.
HIR7 1B	Living With Deafness	Emma Houghton	Focuses on the fact that many people have some degree of deafness & illustrates the differing ways in which they are affected & need support it also illustrates that with help they can do what most children enjoy.
HIR8 1B	Making It: Zoo Keeper	RNID	Being deaf means that there are different ways of doing everyday things This book follows Katy as she feeds & looks after the animals in the zoo.
HIR8.1 1B	Self-Directed Support, Giving you Control	Scottish Government	A DVD produced on behalf of the Scottish Government by the Scottish Council for Deafness about Self-Directed Support.
HIR9 2B	Sensory Difficulties	Hannah Mortimer	Activities for early learning with children who have visual or hearing impairment.
HIR10.1 1B	Understanding Deafness	NDCS	An introductory guide to different types of deafness; hearing tests; communication and language.
HIR11 1B	What Does It Mean to Be Deaf?	L Spilsbury	This book explores deafness in its various forms what causes it? What can family & friends do to help?
HIR12 1B	When It's Hard To Hear	Judith Condon	In this book, meet people who are deaf or who do not hear very well They talk about their experiences & you can find out about their families, homes, schools, likes & dislikes.

Keyword - Heart

Code	Title	Author	Description
HEA0.1 1B	Heart Children	CHA	Covers conditions.

HEA1 1B	Rosie Goes Red, Violet Goes Blue	Fran Davies	A short book for children with heart conditions.
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Keyword - Hemiplegia

Code	Title	Author	Description
HEM1 1B	Hands Up For Andie	Brenda Palmer	Andie has to wear a splint to school and doesn't like it, until someone comes to the rescue.

Keyword – Learning Disability

Code	Title	Author	Description
ASD46	Personal Hygiene – What's that got to do with me?	Pat Crissey	Aimed at children aged 8-14 this has activities the child can read through themselves, along with suggestions for activities to do with them and worksheets.
EPL2	Epilepsy	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.
GRF 7	When Somebody Dies	Books Beyond Words	For people with learning disabilities; a story about bereavement without words that can be used to discuss the issues
SLD3.3	Life Skills	Jan Poustie	Short booklet setting out practical strategies for people with specific learning difficulties in areas such as cooking, communication, DIY and so on.
LD1 1B	Alcohol & Smoking	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.
LD2.1 1B	Being a witness: Helping People with learning disabilities who go to court	Scottish Executive	A guide for carers going through the whole process of being a witness.
LD2.2 1B	Being a witness: I am a witness in court	Scottish Executive	A guide for people with learning disabilities.
LD3 1B	Breathe Easy	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.
LD3.1 1B	Changing Childhoods?	Scottish Executive	Report of <i>The Same as You?</i> Children's Sub Group on improving services for children with learning disabilities (including autism) in Scotland. With Easy-Read summary.
LD4 1B	Coping With Stress	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.
LD6 1B	Easy Guide to Being Held Safely	BILD	A guide telling about being held, why teachers can hold someone, and what rights a person has over being held.
LD7 1B	Eating & Drinking	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.
LD8 1B	Exercise	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.
LD9 1B	Get Moving: Making Choices About Where To Live	The Foundation of People with Learning Disabilities	This booklet is about leaving home & moving on somewhere new.
LD10 1B	Going to the Doctor	Books Beyond Words	A story without words that shows what happens when you visit the doctor. This can be used to discuss issues beforehand, or with the doctor.
LD11 1B	Going to Outpatients	Books Beyond Words	A story without words that shows what happens when you visit outpatients. This can be used to discuss issues beforehand, or with medical staff.
LD12 1B	Helping People with a Learning Disability Explore Choice	E & N Jackson	Short stories for people with learning disabilities on different areas of decision-making.
LD13 1B	Helping People with a Learning Disability Explore Relationships	E & N Jackson	Short stories for people with learning disabilities on different areas of relationships.

LD13.1 1B	If you are Ill	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.
LD17 1B 1P	Living With Genetic Syndromes Associated with Intellectual Disability	Marga Hogenboom	Discusses Down's Syndrome, Williams Syndrome, Rubenstein-Taybi Syndrome, Fragile X, Foetal Alcohol Syndrome, Prader-Willi, Angelman Syndrome & Wolf-Hirschhorn Syndrome.
LD18 1B	Looking After Your Teeth	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.
LD19 1B 1P	Leaving Home, Moving On	The Foundation for People with Learning Disabilities	Housing options for people with learning disabilities.
LD22 1B	Nonverbal Learning Disabilities at Home	P Tanguay	Written by a parent who provides solutions to the everyday challenges of the disorder, from early warning signs & self-care issues to social skills & personal safety.
LD23 1B 1P	The People in a Girl's Life	M Downey & K Downey	For girls & young women who have a difficulty understanding people around them. Provides an insight into problems that many adolescent girls with intellectual disabilities face today – starting point for discussions on sensitive issues.
LD23.1 1B	Sarah's Story	The Highland Help Group	A DVD with CD training resources for people with learning disabilities, centred round the Adult Support & Protection Act (2007 Scotland)
LD24 1B	See What I Mean	N Grove	Guidelines to aid understanding of communication by people with severe & profound learning difficulties.
LD24.1 1B	Seeing and Hearing	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.
LD24.1.1 1B	Sensory Motor Activities for Early Development	Chia Swee Hong, Helen Gabriel & Cathy St John	A complete package of tried & tested fine motor activities, This practical manual was developed with, and is therefore essential to, carers and practitioners in health, education, social service & voluntary sectors.
LD25 1B	STOP! No More Abuse	Voice Uk	A booklet aimed at young people with learning disabilities, to inform about abuse and how to get help.
LD25.1 1B	Using Medicines Safely	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.
LD26 1B	Supporting Children with Learning Difficulties	Christine Turner	Suitable for parents & practitioners, this book offers a wealth of strategies alongside helpful examples.
LD27 1B	Working Towards Independence	Janet Carr, Suzanne Collins	Describes in a non-technical way how to apply ideas of behavioural psychology in teaching adults and young people with learning disabilities.
LD29 1B	Unlocking Potential: College and Other Choices with LD and ADHD	Juliana M Taymans et al	For secondary school students with learning disabilities and ADHD preparing for life after school.
LD30 1B	Hurling into a Void	Jenny Morris	A report to assist the transition to adulthood for young disabled people with complex health and support needs.

Keyword – Mental Health

Code	Title	Author	Description
ADD42	A Walk in the Rain with a Brain	Edward M Hollowell	A little girl talks to brain called Manfred about how everyone learns differently, and everyone is good at something.
EMD00	Can I tell you about Anxiety?	Lucy Willetts & Polly Waite	This book shows family, friends & teachers how they can support someone who experiences anxiety.
EMD3.1	Helping Children with Low Self-Esteem	Margot Sunderland	Contains a story book for children and a workbook for those working with them.
EMD3.2	Helping Kids Manage Grief, Fear & Anger	Terri Akin, David Cowan, Susanna Palomares & Dianne Schilling	Equipping children with tools to manage intense & difficult feelings through role-play & discussions to help them explore, understand & accept their feelings.
EMD4	Huge Bag of Worries	V Ironside	A book for children encouraging them to share their worries.
YC1.1 1B	One in a Hundred	Jane Rawlinson	A book for children about having a parent with schizophrenia.
MH0	Calm Kids	Lorraine E. Murray	A variety of approaches to help children cope with tension & stress through mindfulness & meditation.
MH1 1B	Can Anyone be as Gloomy as Me?	Nick Toczek	Poems for children about being sad.
MH2 1B	Coping with Depression in Young People	C Fitzpatrick & J Sharry	A guide for parents, including sections on first noticing when something is wrong, to professional treatment that may be offered.

MH3 1B	Deliberate Self-Harm in Adolescence	Claudine Fox, Keith Hawton	Covers risk factors, identifying at-risk individuals, management and prevention.
MH3.1 1B	Depression in Teenagers - CD	NHS Lothian	Interactive CD-Rom aimed at teenagers. Material is also at www.depressioninteenagers.com
MH3.3 1B	A Guide to Adolescent Mental Health	South London & Maudsley NHS	For parents and professionals advising young people.
MH4 1B	Everyone I see is Luckier Than Me	Clare Bevan	Poems for children about being jealous.
MH4.1 1B	Fighting Invisible Tigers	Earl Hipp	Practical advice covering stress management & life management, a guide for teens.
MH5 1B	Promoting the Emotional Well-being of Children and Adolescents and Preventing Their Mental Ill-Health	Kedar Nath Dwivedi, Peter Brinley Harper (editors)	Essays by a number of authors on different subjects, including prevention of depression and anxiety, and prevention of eating disorders.
MH6 1B	School Phobia, Panic Attacks and Anxiety in Children	Marianna Csofi	Covers possible causes and ways of dealing with school phobia and anxiety in children
MH6.01 1B	So Young, So Sad, So Listen	Philip Graham & Carol Hughes	Intended to help parents & teachers of depressed children as well as social workers, health visitors & GP's. Perhaps some teenagers may also find it useful.
MH6.2 1B	Stress can Really get on your Nerves	Trevor Romain & Elizabeth Verdick	Witty, wise advice for kids about stress.
MH7 1B	The Wise Mouse	Virginia Ironside	Fictional book about a girl whose mother has mental health problems. Aimed at 5-11 year olds.
MH8	The Teenage Guide to Stress	Nicola Morgan	A book to reassure teenagers & parents that they can beat stress & are not alone.

Keyword – Multiple Sclerosis

Code	Title	Author	Description
YC1 1B	Has Your Mum or Dad got MS?	M.S. Society	Information for children with a parent with MS.
MS1 1B	Childhood MS – a guide for parents	Multiple Sclerosis Society	For your child diagnosed with MS or MS is a possible reason for illness, this book will help you understand the condition and the care & support you child should receive and manage the changes MS can bring.

Keyword - Multisensory Impairment / Deafblind

Code	Title	Author	Description
MSI1 1B 1P	The Deafblind Helpbook	P J White	Practical advice and suggestions for everyday assistance.
MSI2 1B	Making Sense Together	Rosalind Wyman	Practical approaches to supporting children with multisensory impairments. Gives lots of useful suggestions of how to stimulate and interest children.

Keyword – Muscular Dystrophy

Code	Title	Author	Description
MUS1 1B	Inclusive Education for Children with Muscular Dystrophy & other Neuromuscular Conditions	Muscular Dystrophy Campaign	Guidance for Primary & Secondary schools, on everything from access to emotional & social considerations.
MUS2 1B	Muscular Dystrophy: The Facts	Alan E H Emery	Practical information on the condition, treatments, different types and so on.

Keyword – Myotonic Dystrophy

Code	Title	Author	Description
MYO1 1B	Myotonic Dystrophy: The Facts	P Harper	Practical information on the condition.

Keyword – Obsessive Compulsive Disorder

Code	Title	Author	Description
ASD60	Tictionary	B Ottinger	A reference guide to the world of Tourette's syndrome, Asperger syndrome, & obsessive compulsive disorder.
OCD1 1B 1P	From Thoughts to Obsessions	Per Hove Thomsen	Discusses all aspects of Obsessive Compulsive Disorder.

OCD2 1B	Get Out of my Head – My Life with OCD	Alison Islin and Judy Karbritz	A sufferer of OCD explains her experience of the disorder.
OCD3 1B	Touch and Go Joe – An Adolescent's experience of OCD	Joe Wells	A humorous insight into the life of a teenager with OCD – for anyone who wants to understand the condition.
OCD4 1B	Washing my Life Away – Surviving OCD	Ruth Deane	An insight into the disorder for family, friends, professionals and for those who need to understand OCD and the recovery process.
OCD5 1B	Passing for Normal: Tourette's, OCD and Growing up Crazy	Amy Wilensky	A memoir of a young girl's struggle with Tourette's Syndrome and OCD.

Oppositional Defiant Disorder

Code	Title	Author	Description
ODD1 1B	The Defiant Child	Douglas A Riley	Explains the condition & offers practical advice.

Keyword - Parenting

Code	Title	Author	Description
BAV10	Toddler Taming	Christopher Green	Practical advice for dealing with toddlers.
BAV0.1	Anger Management Games for Children	Deborah M Plummer	Fostering successful anger management strategies through familiar and easy games for children aged 5-12.
PAR0 1B	Babies!	Dr Christopher Green	A parent's guide to surviving and enjoying baby's first year.
PAR1 1B	Baby Massage for Dummies	J Bagshaw & I Fox	Illustrations and step-by step instructions, including a section on massage for babies with special needs.
PAR2 1B	1-2-3 Magic	Thomas W. Phelan	This popular 1-2-3-Magic programme addresses the difficult task of child discipline with humour, insight & proven experience.
PAR3 1B	Cool Dads	HEBS	What do children need from fathers?
PAR4 1B	EOA: The End of Adolescence	P Graham	A new way of looking at adolescence, adopting a questioning but positive approach to areas such as conflict, sexual behaviour, moodiness and so on.
PAR4.1 1B	Get Out of My Life! But first take me and Alex into town	Tony Wolf & Suzanne Franks	A parents guide to the new teenager; witty, enjoyable & genuinely helpful.
PAR5 1B	Haynes Baby Manual		Covers various models in all shapes and colours from conception to two years old. Practical, step-by-step instructions on everything from nappies to buggies, to common illnesses.
PAR5.1 1B	How to Behave so your Children will, too!	Sal Severe	Helps children to behave & listen the first time and how parents can be more consistent to make discipline easier to prevent arguments & power struggles.
PAR6 1B	Listen to Me: Communicating the Needs of People With Profound Intellectual & Multiple Disabilities	P Fitton	A thoughtful and clear account about what is demanded of a parent/ carer and of what they might reasonably expect from service providers.
PAR7 2B 1P	Messages from Children to Mums & Dads	HEBS	Statements from children about what matters to them.
PAR9 1B	The Incredible Years	Carolyn Webster-Stratton	This invaluable handbook provides guidelines to help parents of children aged 3-8 yrs deal with a wide variety of situations.
PAR10.3 1B	To a Different Drumbeat	P Clarke, H. Kofsky & J Laurual	A practical guide to parenting children with special needs.
PAR11 1B	Uncommon Fathers	Donald J Meyer (editor)	A collection of essays by fathers talking about raising a child with a disability.
PAR12 2B	Understanding Parents, Understanding Children	HEBS	How parents and children see each other, and how they can learn to understand each other.
PAR13 1B	Building a Joyful Life with your Child who has Special Needs	N J Whiteman & Linda Roan-Yager	Practical strategies for parenting a special needs child.
PAR14 1B	501 Ways To Be A Good Parent	Michele Elliott	Parenting from the Frantic Fours to the Terrible Twelve's.

Keyword – Personal Safety

Code	Title	Author	Description
LD25	STOP! No More Abuse	Voice Uk	A booklet aimed at young people with learning disabilities, to inform about abuse and how to get help.
PER1 1B	Developing Personal Safety Skills in Children with Disabilities	F Briggs	Invaluable information needed by parents, teachers and other caregivers for an understanding of personal safety skills for all children, and explains the risks and considerations peculiar to children with special needs.
PER2 1B	Feeling Happy Feeling Safe	M Elliott	This fictional book has been specifically written for

			young children in order to help them understand & how to keep safe & whom to tell if they feel unsafe.
PER3 1B	How it is? Book & CD	Triangle	Image vocabulary for children about feelings, rights & safety, personal care & sexuality.

Keyword - Play

Code	Title	Author	Description
PLY1 1B	101 games for Social Skills	J Mosley & H Sonnet	This book is packed with creative and dynamic games that help children to develop positive relationship and to learn the skills of healthy interactions.
PLY1.1 1B	Amy Elizabeth Goes To Play Therapy	Kathleen A. Chara & Paul J. Chara Jr.	A reassuring & encouraging book about therapy as a fun & beneficial experience. Ideally suited for children 2-12.
PLY2 1B	Fingers and Thumbs	R Lear	Toys and activities for children with hand-function problems.
PLY3 1B	Fun without Fatigue	R Lear	Toys and activities for children with restricted movement and limited energy.
PLY5 1B	Look at it this Way	R Lear	Ideas for making toys from instant to long-lasting which will keep the child in your care amused for hours. It provides play ideas does children with a visual impairment and has something for all, whatever their degree of sight.
PLY6 1B	Making Music With the Young Child with Special Needs: A guide for Parents	E Streeter	This book demonstrates how music can be used to encourage a child's development and provides help and guidance for parents and carers.
PLY7.1 1B	Pick and Mix	Kids Active	A selection of inclusive games and activities for children.
PLY12 1B	Play Helps: Toys and Activities For Children With Special Needs	R. Lear	An imaginative and stimulating volume packed to over-flowing with delightful play ideas.
PLY13 1B	Play in Early Childhood: From Birth To 6 Months	M Sheridan	Introductory text explaining how children's play develops & how they develop as they play.
PLY14 1B	Play it Right!	Royal National Institute for the Blind	Creating and adapting toys and games for children who are visually impaired and have additional disabilities.
PLY15 1B	Preschool Play Activities	E Cooper	This book selects and describes activities and games for children up to the age of 5.
PLY16 2B 2P	Small Steps Forward: Using Games and Activities to Help Your Pre-School Child With Special Needs	S Newman	This book provides parents and carers with information they require and a host of ideas to encourage their child's development.
PLY16.1	Small Steps Forward: Using Games and Activities to Help Your Pre-School Child With Special Needs	S Newman	Second edition of the above book.
PLY17 1B	Stepping Out: Using Games and Activities to Help Your Child with Special Needs	Sarah Newman	Continuing from 'Small Steps Forward'.
PLY18 1B	The Little Book of Messy Play	Sally Featherstone	Aimed at people who work with young people and at home and each activity meets a range of the Early Learning Goals.

Keyword – Sex Education

Code	Title	Author	Description
ASD31.1	Girls Growing Up on the Autism Spectrum	Shana Nichols with Gina Marie Moravcik & Samara Pulver Tetenbaum	Adolescence – approaching/going through it. What parents and professionals should know about the pre-teen and teenage years
ASD39.1	Making Sense of Sex	Sarah Attwood	A forthright guide to puberty, sex and relationships for people with Asperger's Syndrome.
SED2 1B	Chance to Choose: Sexuality & Relationships Education for People with Learning Difficulties.	H Dixon	A highly successful resource book for professionals working with people who have learning difficulties.
SED7 1B	Pregnancy & Childbirth	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.

SED7.1 1B	Sex	BILD	One of the titles in the British Institute of Learning Disabilities series of books aimed to discuss issues with people with a learning disability.
SED9 1B	Sex: For young people with Spina Bifida or Cerebral Palsy	ASBAH	Explanation of different areas regarding sex & relationships Now quite dated, but may still be of use as has practical advice.
SED9.1 2B	Sex Small Talk for Parents and Carers of children between 4 and 11	NHS Highland	Small booklet for parents.
SED10 1B	Sexuality and Disability	Maddie Blackburn	Results of research on sexuality and disability, concentrating on young people with Spina bifida and hydrocephalus. Includes a section on legal issues.
SED12 2B 2P	Sexuality: Your Sons & Daughters With Intellectual Difficulties	K Melberg Schwier & D Hingsburger	Discusses how to interact with children/young people on the topic of sexual health in a way that increases self-esteem, encourages appropriate behaviour, empowers them to recognise & respond to abuse, & enables them to develop lifelong relationships.

Keyword - Siblings

Code	Title	Author	Description
ADD22	My Brother's a World Class Pain	M Gordon	Introduction to the basic concepts involved in understanding ADHD.
ADD40	View From Our Shoes	D Meyer	The children/young people whose essays are featured here range from aged 4 - 18 & are siblings of youngsters with a variety of special needs including developmental delay, ADD, hydrocephalus, visual & hearing impairments, Down's Syndrome & Tourette's Syndrome
ASD 28	Everybody is Different	Fiona Bleach	A book for young people who have brothers or sisters with autism by the NAS.
ASD41	My Brother Is Different	L Garrod	Fictional story of a girl who has a younger brother with special needs.
ASD42	My Brother Kevin Has Autism	R Carlson	This book is a collection of 40 rhyming poems & illustrations written by the brother of boy with autism.
ASD43	My Brother Sammy	B Edwards & D Armitage	Fictional story of a boy who has a younger brother with Autism.
ASD52	Siblings of Children with Autism: a Guide for Families	S Harris & B Glasberg	An excellent, practical, informative guide that covers issues from childhood through adulthood.
DOS14	Siblings: Growing Up With Your Brother Or Sister With Down Syndrome	Down Syndrome Scotland	Short booklet for siblings of children with Down Syndrome.
GRF1	An Intimate Loneliness: Supporting Bereaved Parents & Siblings	Gordon Riches & Pam Dawson	Explores how family members attempt to come to terms with the death of a child or brother/ sister.
SIB1 1B	Ben's Baby	Michael Foreman	The story of the new baby in Ben's family.
SIB2 1B	I'm the Big Sister!	S Ligon	(for reference only) Helps the little sister come to terms with a new child in the family.
SIB3 1B	Living with a brother or sister with Special Needs	Donald Meyer & Patricia Vadasy	Covering a wide range of additional needs, this book is a good resource for siblings, parents & professionals.
SIB3.1 1B 1P	My Brother, Matthew	Mary Thompson	A story about a boy with a brother with special needs.
SIB4 1B	Special Brothers & Sisters	Annette Hames & Monica McCaffrey	Young people explain in their own words what it is like to live with their brothers & sisters & talk about their feelings. Full of tips & advice to help siblings cope.
SIB6 1B	Sibshops-Workshops for Siblings of Children with Special Needs	Donald J Meyer & Patricia F Vadasy	A hands-on resource for professionals with activities & group discussions for 8-13 yr olds. American terminology.

Keyword - Sleep

Code	Title	Author	Description
SLE 1 3B	Bairn's Kist	Christina Stewart	Lullabies, dandling songs, action songs & singing games from Scottish tradition for babies & young children
SLE2 1B	Banishing Night Terrors and Nightmares	Christopher Carranza, Jane Rogers Dill	Advice on night terrors and nightmares, including both those that are, and those that are not caused by trauma.
SLE 3.1 1B	Kist o Dreams	Christina Stewart	Lullabies from Scottish Tradition.
SLE4 2B 1P	Sleep Better: A Guide To Improving Sleep For Children With Special Needs	M Durand	This book offers parents & professionals step-by-step instructions for addressing the impact of recurrent sleep problems.
SLE4.1 1B	Sleep? What's that?	Gillian Cowdell & Miranda Parrott	Discusses the extent and nature of sleep problems in families of children with disabilities and the impact of those problems on children & families.
SLE5 2B	Solving Children's Sleep Problems: A Step by Step Guide	L Quine	Clear, sensible and effective advice which enables parents to understand their child's sleep patterns and

			to solve most common sleep problems.
SLE6 1B	Teach Your Child to Sleep	Millpond Children's Sleep Clinic	Explores ways to get your baby or child to settle easily and sleep through the night with step-by-step advice.
SLE7 1B	The No-Cry Sleep Solution for Toddlers and Pre-schoolers.	Elizabeth Pantley	Gentle ways to stop bedtime battles and improve your child's sleep.

Keyword – Social Skills

Code	Title	Author	Description
ADD29	Raise Your Child's Social IQ	C Cohen	Teaches children social skills; clear and step-by step approach.
ADD33	Step-by-step plan to teach children social skills in a variety of areas. Social Awareness Skills For Children	M Costi	Topics covered include helping children with special needs, making & keeping friends, social rules, body language, listening skills & social safety for children aged 7 – 16.
BAV8	Sharing Good Practice	G Lloyd and P Munn	Report which looks at the good practice in Scotland with reference to the prevention and support concerning pupils presenting social, emotional and behavioural activities.
EDU6.1	Pushing Back More Furniture	K Button & M Winter	A resource book full of ideas & activities for those interested in developing circle time.
EMD1.1	Exploring Feelings	Vanessa Rogers	Identifying issues for 9-13 yr olds which more commonly used to affect older teens, peer relationships, bullying, educational under-achieving & low self-esteem. Activities, worksheets & games.
EMD3.01	Helping Children to cope with Change, Stress & Anxiety	Deborah M Plummer	Workbook for children aged 7+ to help understand & manage their emotions.
EMD3	Helping Children to build Self-Esteem	Deborah M Plummer	Workbook for children aged 7-11 to help build and maintain healthy self-esteem.
SOC 1B	101 Ways to Teach Children Social Skills	Lawrence E. Shapiro	Written to use with groups of children, to help with their relationships with peers, parents & teachers.
SOC0 1B	Delicate Threads	Debbie Staub	Looks at friendships between children with and without special needs in inclusive settings.
SOC1 1B	Nobody Likes Me, Everybody Hates Me	M Borba	Twenty-five friendship problems and how to solve them.
SOC2A 1B	Lovable Liam	Jane Whelen Banks	Engaging way to help a child learn that even when people are cross with him they still care.
SOC2B 1B	Liam Goes Poo in the Toilet	Jane Whelen Banks	A story about trouble with toilet training.
SOC2C 1B	Liam Knows What To Do When Kids Act Sniffy	Jane Whelen Banks	A story about coping when friends are tactless.
SOC2D 1B	Liam Wins the Game Sometimes	Jane Whelen Banks	A story about losing with grace.
SOC2E 1B	Liam Says "Hi"	Jane Whelen Banks	Learning to greet a friend.
SOC2F 1B	Liam Says "Sorry"	Jane Whelen Banks	A story about repairing an encounter gone sour.
SOC3 1B	The Choices Game	Christopher McMaster	This fun, interactive game teaches vulnerable young people how to make positive choices & develops the social skill they need to stay safe in school & in the wider community.
SOC4 1B	Group Games – Social Skills	Birgit Fuchs	Many games for children, both individually & in groups to learn about themselves, others & to develop skills in observation, listening & empathy.
SOC5 1B	Social Skills Games for Children	Deborah M Plummer	Features familiar & easy to learn games for children 5-12 yrs in different sizes groups as well as children with learning difficulties or communication differences.

Keyword – Spina Bifida

Code	Title	Author	Description
SPB1 1B 1P	Children with Spina Bifida: A Parents' Guide	Marlene Lutkenhoff	A clear and comprehensive guide to spina bifida.

Keyword – Tourette Syndrome

Code	Title	Author	Description
ADD40	View From Our Shoes	D Meyer	The children/young people whose essays are featured here range from aged 4 to aged 18 & are siblings of youngsters with a variety of special needs including developmental delay, ADD, hydrocephalus, visual & hearing impairments, Down's Syndrome & Tourette's Syndrome.
ASD60	Tictionary	B Ottinger	A reference guide to the world of Tourette syndrome, Asperger syndrome, & obsessive compulsive disorder

OCD5	Passing for Normal: Tourette's, OCD and Growing up Crazy	Amy Wilensky	A memoir of a young girl's struggle with Tourette's Syndrome and OCD.
TOU1 1B 1P	Children With Tourette Syndrome: A parents guide	T Haerle	Discusses medical, educational, legal, family life, daily care, & emotional issues
TOU1.1 1B	Tics & Tourette Syndrome	Uttom Chowdhury	A handbook for parents & professionals to help deal with bullying and low self-esteem as well as the signs and symptoms.
TOU2 1B	Tourette Syndrome, Finding Answers & Getting Help	M Waltz	Patient centred guide.
TOU3 1B	Tourette Syndrome	A Carroll & M Robertson	Provides knowledge & information required to equip teachers & learning support assistants with the understanding & skills needed when working with people with Tourette Syndrome
TOU4 1B	Tourette Syndrome: The Facts	Mary M. Robertson & Simon Baron-Cohen	Clear information on symptoms, diagnosis and treatment.
TOU5 1B	Why do You do That? – A Book about Tourette Syndrome for Children and young People	Uttom Chowdhury and Mary Robertson	A book for young people affected by the disorder as a source of support.

Keyword - Transition

Code	Title	Author	Description
ASD43.1	Employing People with Asperger Syndrome: A Practical Guide	NAS	This book is designed to give employers the tools they need to support individuals with Asperger Syndrome from recruitment through to establishment in their jobs.
LD28	Beyond the School Gates	HCCF	Made for use with young people with a learning disability to prompt discussion and give information about their options when they leave school.
TRN1 1B 1P	Make the Move: Guiding You Towards Adult Life - DVD	Enable	A DVD to help young people understand what happens and what choices they have after leaving school.
TRN2 1B	What's Next? - DVD	North Forum	A DVD highlighting the experiences of 19 students going to further education in Northern Scotland.

Keyword – Traumatic Brain Injury

Code	Title	Author	Description
TBI1 1B	Children with Traumatic Brain Injury	Lisa Schoenbrot	A comprehensive guide for parents.
TBI2 1B	Elvin, the Elephant Who Forgets	Heather Snyder	A story for children about Elvin, who was hit on the head by a branch and now has to learn new tricks to help him concentrate and count his figs.

Keyword – Turner Syndrome

Code	Title	Author	Description
TUR1 1B	Turner Syndrome: Lifelong Guidance and Support		Comprehensive guide produced by the Turner Syndrome Support Society.

Keyword – Visual Impairment

Code	Title	Author	Description
HIR3	Empowering Young Deaf and VI People; Health, Safety and Sexuality	Scottish Sensory Centre	A CD-ROM set out in the format of a web page offering information on a variety of subjects.
HIR9	Sensory Difficulties	Hannah Mortimer	Activities for early learning with children who have visual or hearing impairment.
PLY14	Play it Right!	Royal National Institute for the Blind	Creating and adapting toys and games for children who are visually impaired and have additional disabilities.
PLY5	Look at it this Way	R Lear	Ideas for making toys from instant to long-lasting which will keep the child in your care amused for hours. It provides play ideas does children with a visual impairment and has something for all, whatever their degree of sight.

VI1 1B 1P	Children with Visual Impairments	M. Cay Holbrook	Comprehensive guide, covering from adjusting to your child's visual impairment, to looking towards adolescence and adulthood.
VI2 1B	Living with Blindness	Patsy Westcott	Explains living with blindness to children.
VI4 1B	Rainbow Joe and Me	Maria Diaz Strom	Eloise talks to Rainbow Joe about colours and sight.
VI5 1B	What Does It Mean to Be Blind?	L Spilsbury	Explaining visual impairment to children.
VI6 1B 1P	When It's Hard To See	Judith Condon	Explaining visual impairment to children.

Keyword - Wheelchair

Code	Title	Author	Description
WHE2 1B	Mightier Than The Sword	C Bevan	A story, inspired by the stories of King Arthur, of a young boy called Adam who does not let his wheelchair get in the way of an adventure.
WHE3 1B	What Does It Mean to Be A Wheelchair User	L Spilsbury	This book explores the reasons why people use wheelchairs Answers questions such as How do young wheelchair users manage their daily lives & what can family & friends do to help?

Keyword – Young Carer

Code	Title	Author	Description
YC1.1 1B	One in a Hundred	Jane Rawlinson	A book for children about having a parent with schizophrenia.
YC1 1B	Has Your Mum or Dad got MS?	M.S. Society	Information for children with a parent with MS.
YC2 1B	Understanding Dementia	HEBS	Explaining dementia to young people who have someone close to them with dementia.

GENERAL SECTION

Code	Title	Author	Description
EDU1	Confidence to Learn	N Wetton & Michele McCoy	Using drawing and writing as a method of finding out children's ideas about healthy living.
PLY6	Making Music With the Young Child with Special Needs: A guide for Parents	E Streeter	This book demonstrates how music can be used to encourage a child's development and provides help and guidance for parents and carers.
GEN2 1B	Assuring Race Equality in Professional Practice (DVD)	Family Matters	A training pack for organisations, managers and professionals working with minority ethnic families of disabled children.
GEN2.1 1B	At School	Roderick Hunt & Alex Brychta	Read at home first experiences introduce children to new situation and are ideal for reading together. Each book contains all the elements of a first time experience in an entertaining story full of humour and detail. Kipper goes to School.
GEN2.2 1B	At the Dentist	Roderick Hunt & Alex Brychta	Read at home first experiences introduce children to new situation and are ideal for reading together. Each book contains all the elements of a first time experience in an entertaining story full of humour and detail. Kipper visits the Dentist.
GEN2.3 1B	At the Doctor	Roderick Hunt & Alex Brychta	Read at home first experiences introduce children to new situation and are ideal for reading together. Each book contains all the elements of a first time experience in an entertaining story full of humour and detail. Kipper goes to the Doctor.
GEN2.4 1B	At the Hairdresser	Roderick Hunt & Alex Brychta	Read at home first experiences introduce children to new situation and are ideal for reading together. Each book contains all the elements of a first time experience in an entertaining story full of humour and detail. Kipper has a Haircut.
GEN2.5 1B	At the Pool	Roderick Hunt & Alex Brychta	Read at home first experiences introduce children to new situation and are ideal for reading together. Each book contains all the elements of a first time experience in an entertaining story full of humour and detail. Kipper has his first swimming lesson.
GEN2.6 1B	At the Optician	Roderick Hunt & Alex Brychta	Read at home first experiences introduce children to new situation and are ideal for reading together. Each book contains all the elements of a first time experience in an entertaining story full of humour and detail. Kipper goes to the optician.

GEN4 1B	Birthmark Support Group	Birthmark Support Group	Two DVD's on birthmarks with a general overview, a section for the medical professionals & for use in schools.
GEN3 1B	Brilliant Activities for Gifted and Talented Children	Ashley McCabe Mowat	Activities to stimulate the interest of gifted children, which can be adapted for other children.
GEN5.1 1B	Do I have to go to Hospital?	Pat Thomas	Picture book to prepare children for going into hospital
GEN6.1 1B	Family Guide to Children's Ailments	Dr Richard West	Comprehensive guide to the common illnesses of childhood.
GEN7 1B	For Every Child	UNICEF	The rights of a child in words & pictures.
GEN8 1B	Going to Playgroup	Ladybird	Explains what playgroup is and what goes on there.
GEN9 1B	Good Practice in Caring For Children with Special Needs	A Dare	Provides best practice for those working with young children in a variety of settings. Provides background on current legislation, advice on major changes in disability legislation & explains the SEN Code of Practice
GEN9.1 1B	Helping Families with Troubled Children	Carole Sutton	Aimed at professionals this covers aspects such as eating problems, wetting, sleep problems and behaviour problems.
GEN10 1B	Hidden Tears, Happy Smiles	Rachel Cooper	A personal account of life with a disabled child, and other people with disabled children.
GEN11 1B	Holiday Help 2012	FAIR Ltd.	Useful resource for holiday help aimed at people with learning disabilities.
GEN13.1 1B	On a Plane	Roderick Hunt & Alex Brychta	Read at home first experiences introduce children to new situation and are ideal for reading together. Each book contains all the elements of a first time experience in an entertaining story full of humour and detail. Kipper goes on Holiday.
GEN15.1 1B	Ready, Steady Toddler!	NHS Scotland	A Hands on guide to take you through the challenges & rewards of the toddler years from 13 mths to age 3.
GEN16 1B	Reflections from a Different Journey	S D Klein, J D Kemp	'What adults with disabilities wish all parents knew'; essays covering different topics, written by adults with a range of disabilities.
GEN17.1a 2B	The Early Years	Brigid Daniel & Sally Wassell	Assessing & promoting resilience in vulnerable children.
GEN17.1b 2B	The School Years	Brigid Daniel & Sally Wassell	Assessing & promoting resilience in vulnerable children 2.
GEN17.1c 2B	Adolescence	Brigid Daniel & Sally Wassell	Assessing & promoting resilience in vulnerable children 3.
GEN18 1B	The Selfish Pig's Guide to Caring	Hugh Marriott	A book for anyone who is a Carer, covering all the topics that normally are neglected, such as frustrations and the reactions of other people.
GEN18.1 1B	A Special Need for Inclusion	Julia Widdows	A report from 1997 about what parents of children with disabilities, and the children themselves, think of and want from 'inclusion'.
GEN19 1B	Taking Care	Alison Cowen	A book sharing the results of research carried out by the Family Fund covering the experiences of families with disabled children.
GEN21 2B 2P	When I'm Away From Home	J Camis	Workbook designed to provide specific information about the individual care requirements of a disabled child for anyone responsible to them if the child is going away from home (for reference only) .

