

*News for families who have children with additional needs and the professionals who work with them*

### CHIP AGM

A cordial invitation is extended to all who would like to attend our AGM, which will take place on **Wednesday, 27th September 2017** at the Pines, Drummond Rd, Inverness, IV2 4NZ.

Our speakers will be Claire Watt who is the Transitions Project Manager and will introduce the new transitions service in Highland and Maria Dickson, Paediatric Service Manager who will introduce the new Neurodevelopmental assessment service.

A light lunch will be available from 12.00, the AGM from 12.30pm & speakers from 1-2pm. If you would like to join us for lunch please let us know and also advise us of any dietary requirements you may have. Call 01463 711189 or e-mail [info@chipplus.org.uk](mailto:info@chipplus.org.uk) .

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### Goodbye

Our Chief Officer at **CHIP**, Christian Maclean has decided it's time for her to move on to new adventures in life and has said goodbye to **CHIP** after 12 productive years with us. Christian has led & developed the work of **CHIP**, helping to raise our profile and reputation in Highland.



### Hello!

We are delighted that Sarah Fowler (left) has joined **CHIP**, bringing a range of experience of the Third sector with her. Her ability and enthusiasm will lead **CHIP** through the next exciting and challenging chapter in the future.

### Upcoming Workshops with CHIP

**CHIP** are very pleased to be a part of these information workshops for parent/carers in Highland.

**First** - Two Self Directed Support drop-ins', one at the Birnie Centre & one at the Pines, both Inverness, with SDS Officer Karen Hookham.

**Second** - Transitions Workshop with Contact a Family and Lead Scotland for anyone with a child 12 years or over with an additional need. Full details for both events are on page 3.

**Baby Box** - Every baby due on or after 15th August in Scotland will be eligible for the new Baby Box from the Scottish Government. Pregnant women should register through their midwife between 20-24 weeks. It's free to all and includes many essential items which includes the box as a place for the baby to sleep, with a mattress & blanket. Sure Start maternity grants may be available to lower income families with no other children under 16 years in the home.



The Year of Young People 2018 aims to inspire Scotland through its young people, celebrating their achievements, valuing their

contribution to communities and creating new opportunities for them to shine locally, nationally and globally.

Round 2 of applications for Create18 are now open to young people aged 8-26 who can apply to receive funding for events they would like to run in the Year of Young People 2018.

Create18 events could be anything from film festivals, gigs, theatre and dance performances, to art exhibitions, sports competitions, fashion shows and nature trails.

For full details, go to <http://young.scot/yoyp2018/yoyp-articles/create18-fund/>

"Building a Carer Friendly Society" is the title of the research summary brought out for Carers week in June.



Key findings include the public underestimating how likely it is they will take on the role of a carer and how the public feel unpaid carers aren't sufficiently valued by society. There are 6.5 million adult carers in the UK, which does not include young carers, i.e. under 18's. Read the full report here <http://www.chipplus.org.uk/news/2017/jun/27/carers-week-research-summary?term=carers+week>

Action for Sick Children Scotland is dedicated to informing, promoting and campaigning on behalf of the needs of all sick children and young people within our healthcare system. They have changed their name to Children's Health Scotland to better reflect its current focus and range of activities. <https://www.childrenshealthscotland.org/>

## New Saturday Club

A new Social Saturday Club has started recently for young people aged 12- 15 (extending to 19yrs) with additional support needs, which will be based at the Jannies Hoose, Raigmore Primary School, Inverness. It's funded by the Short Breaks Fund, which will enable it to run at least until March '18. Each session will be from 12-5pm, costing £10 and will include going to football, sports, shopping in town, baking/cooking, For more information, e-mail [services.manager@directchildcare.co.uk](mailto:services.manager@directchildcare.co.uk) or call 01463 703036 or contact the **CHIP** office for an application form.



Enable Scotland Trustee Service have published a guide for anyone who wants to know more about securing the future for a loved one to make sure they are cared for. "Setting up a Trust" covers all aspects of securing the future of someone with a learning disability, covering Power of Attorney, Guardianship & appointing a trustee. A bank or solicitor can also provide this service. Go to <http://www.enable.org.uk/services/thinkingaboutthefuture/Pages/default.aspx>

ARC Scotland (Association for Real Change) have compiled a report on behalf of the Scottish Transitions Forum entitled "Facing the Future Together". It's a national survey of young people with additional support needs & their parents/carers about their experiences of leaving school, talking about support received, the transition itself, after school and what improvements could be made. Covering all 32 local authority areas in Scotland, everyone's experience will be different but broad conclusions can be made. To see the report- <http://arcuk.org.uk/scotland/facing-the-future-together/>

## Upcoming Events

**Friday, 1st Sept** & each Friday until 20/10 - Bertie, the PlayTalkRead sensory bus holds 2 sessions for children & young people with complex needs aged 0-18, based at Raigmore Community Centre. Call 0131 652 9797 or e-mail [ptr@smartplaynetwork.org](mailto:ptr@smartplaynetwork.org).

**Thursday, 7th Sept** from 7-9pm - **CHIP** & Dyslexia Scotland welcome Fran Ranaldi who will give a presentation on Assessing Dyslexia Toolkit to parents, carers & professionals. Merkinch Primary School, no need to book.

**Wednesday, 13th Sept** from 10am-12 - Connecting Carers Annual Review will hear from Young Carers & Carers Advocacy at the Highland Archive Centre. Find the Eventbrite registration on the **CHIP** website.

**Thursday, 14th Sept** from 9.30-4.30pm - Kidz to Adultz Scotland, Royal Highland Centre, Edinburgh. A large event supporting parents, children & young people with additional needs & professionals with over 80 exhibitors, seminars, first aid demonstrations & more. Free entry & free parking. Register online or on the day. <http://www.kidzexhibitions.co.uk/kidz-scotland/>

**Tuesday 26th Sept** 12-1pm - Self Directed Support (SDS) drop-in at the Birnie Centre, with Karen Hookham who is the SDS Officer for Children and Young People. She will be available to support parents whose children have, are being assessed for, or are thinking about a SDS package. She can answer all of your SDS related questions and queries in a relaxed drop-in style session. All welcome.

**Tuesday 26th Sept** 10-2.30pm - Highland Disability Sport Swimming Gala at the Inverness Aquadome for P6 and above. Entry form, rules and details are on the website <http://www.highlanddisabilitysport.info/index.asp?pageid=10824>

**Wednesday 27th Sept** from 12-2pm - **CHIP** AGM. See page one, all welcome.

**Thursday 28th Sept**, 10.30-1.30pm - Just Enterprise are holding a Charitable Trading Seminar in Ullapool, which is free to their members and staff of third sector organisations. It's in the MacPhail Centre, 5 Mill St, Ullapool, IV26 2UN. Registration form can be found on the **CHIP** website.

**Monday 2nd October** - We are working with Contact a Family and Lead Scotland to host a free workshop, "Planning for Transition". If you have a child age 12-18 with learning difficulties and/or disabilities, come along. For more details or to reserve your place, please go to <http://goingforward.eventbrite.com>.

**Tuesday 31st Oct** from 10.30-12.30pm - Another chance to attend the SDS drop-in with Karen Hookham, this time at The Pines, Drummond Rd, Inverness (see above).

**Wednesday 8th November**, 1.30-4.30pm - Fragile X Educate to Empower Roadshow in the Centre for Health Sciences, Inverness. Register at <https://www.eventbrite.com/e/educate-to-empower-inverness-tickets-35930507114>

Also, information on the Pines Drop-in Sessions until December and the Pines 2017/18 Training courses are now available from the **CHIP** office or website.



Listening. Informing. Empowering.



Parents of children & young people with ADHD



can make a request through their paediatrician to attend a 6 week parenting course, run by an ADHD Nurse Practitioner, which will offer practical help and strategies to better cope with day to day challenges.

There is also a support group who meet regularly in Caithness offering informal peer support. E-mail [ruthmanson19@yahoo.co.uk](mailto:ruthmanson19@yahoo.co.uk) or call 01847 851327 for more information.

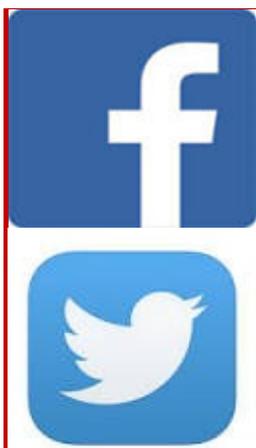
## CHIP Outreach Evaluation

Our Outreach events in Caithness and Lochaber were well attended and we hope that further funding may be available in the future to build on the success of the events and extend the areas covered. Workshops included guest speakers & caring for you as a carer sessions. The evaluation was written by an independent consultant and is available from the **CHIP** office as a hard copy or a link. E-mail [info@chipplus.org.uk](mailto:info@chipplus.org.uk).

There is now a Pathway of Care for children with Fetal Alcohol Spectrum Disorder (FASD) for professionals to access. It is hoped this will show positive improvements in the identification and subsequent support to these children and their families. Go to <http://www.knowledge.scot.nhs.uk/scormplayer.aspx?pkgurl=/ecomscormplayer/fasdpathway/> to view the pathway.

The Elsie Normington Foundation are looking for the views and advice of parent/carers to take forward to funders of their project, The Haven Centre, Inverness. This will be a new specialist play and respite centre and they'd like to know; what facilities you'd like to use and why, what respite & support facilities you use now and what you'd like to see the Haven environment include. Go to <http://enfoundation.co.uk/> or find them on facebook.

Disability Rights UK have issued a new guide called "Doing Sport Differently". It's a guide to exercise & fitness for anyone living with a health condition or disability. Although the links are generally UK, there's lots of personal stories and recommendations. Go to <https://www.disabilityrightsuk.org/doing-sport-differently>



Published by CHIP

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If you would like to be placed on our mailing list or contribute to the bulletin, please contact us

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